

# Atomy Alaska E-Omega3

High-quality Omega-3 from pristine Alaskan region



This material is **internal training material** for Atomy associates.  
It is not intended for advertising purposes, and should not be passed on to consumers.  
Please only use this material for **member training purposes**.

● REC





# Omega3

Omega3 fatty acids are the main components of cell membranes that make up tissues in our body  
Maintain the protection and structure of cells, grow and develop the body, maintain a smooth metabolism and function  
It is absolutely necessary, but it is not synthesized enough in the body and must be ingested from the outside

Contains EPA + DHA



**EPA**

Balancing triglycerides level  
that may help improve blood  
circulation



**DHA**

Component of brain, neural  
and retinal tissue





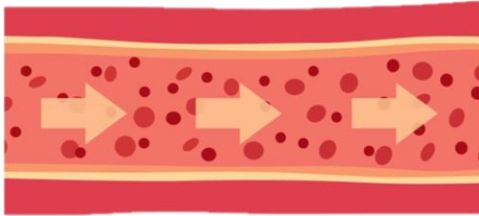
# Blood Circulation

Blood circulation is movement of blood through blood vessels to various parts of body  
Blood supplies oxygen, nutrients and hormones to each tissue of the body  
It removes waste products produced by cells and defends cells from external harmful substances  
In addition, it maintains proper body temperature and has a hemostatic effect

Poor blood flow causes Cardiovascular Diseases (CVD)

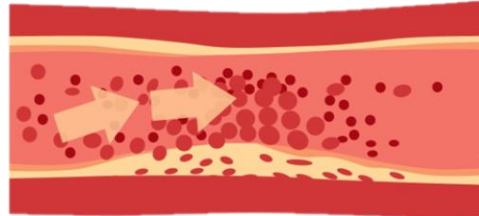


## Blood circulation



Healthy Circulation

Blood flow is good



Unhealthy Circulation

Blood does not flow smoothly due to the accumulation of fat

CVD is a group of disorders of the heart and blood vessels, such as, heart attack and stroke



### Causes for CVD

- Unhealthy lifestyle
- Smoking
- Drinking
- Unhealthy eating habits
- High stress



# Brain and Nerves

Brain is an organ which controls all the systems of our body, comprising of Nerves which transmit signals between the brain and rest of the body

Nerves can easily be damaged, but has ability to repair  
Unfortunately, their self-repair can be extremely slow leading to pain and reduced mobility for a long time



## Brain and nerve damage



Damage to brain nerves  
cause loss of memory and  
cognitive functioning

Interfering with thinking,  
remembering and  
reasoning may effects  
daily life and activities

## Omega3 supports health of brain and nerves

- Role in development and repair
- Supports blood flow and cell structure
- Improves cell function and cognition
- May support concentration and sleep



# Dry Eye

Insufficient or excessive evaporation of tears can cause the tear components to become unbalanced  
Irritation of the eye as the surface of the eye is damaged, such as eye irritation, foreign body sensation, and dryness

Excessive use of computers and smartphones by modern people is the main cause of severe eye fatigue and dryness



## How to prevent dry eyes?



Humidity control

For dry environment



Eye Rest

Every 5-10 minutes during screen time



Eat foods good for eyes

Omega3 fatty acids, etc.



Keep 30cm distance

Smartphone, TVs and screens



With artificial tears

Complementary aqueous layer

## [Results of application test for oils containing EPA and DHA] (before and after ingestion)

Increased tear production

Increased retention time in tear layer

Reduces inflammation in organelles

- Improvement of tear film breakdown time (TBUT)
- Schirmer tear test increased tear secretion
- OSDI score reduction of (dry eye screening)



# Fish Oil Rich Source of Omega3s

It contains unsaturated fatty acids such as EPA and DHA that must be supplemented externally  
It helps regulate triglycerides, improve blood circulation and dry eyes

## Modern Lifestyle

Meat-based eating habits,  
High protein and fat diet,  
Stress,  
Lack of exercise,  
Excessive drinking

## Increasing Age

Vascular health  
affects the condition  
of the blood

According to the Ministry of Food and Drug Safety,  
omega3 fatty acids are closely related to  
the regulation of neutral fat in the blood.

DHA and EPA are synthesized from ALA in the body,  
but the conversion efficiency is very low,  
therefore must be consumed externally.

## Fish Oil rich in EPA + DHA



EPA and DHA are contained in large quantities in fish oil,  
generally found in abundance in pollock, salmon, sardines, etc.

Excessive consumption of some fats is harmful,  
but oils containing EPA and DHA are harmless  
as it belongs to unsaturated fatty acids,  
but it is also a fatty acid that must be consumed from outside.



## ATOMY ALASKA E-OMEGA3

EPA & DHA is an unsaturated fatty acid that is essential for modern people  
Easily supplemented with vitamin E which helps protect cells from free radicals

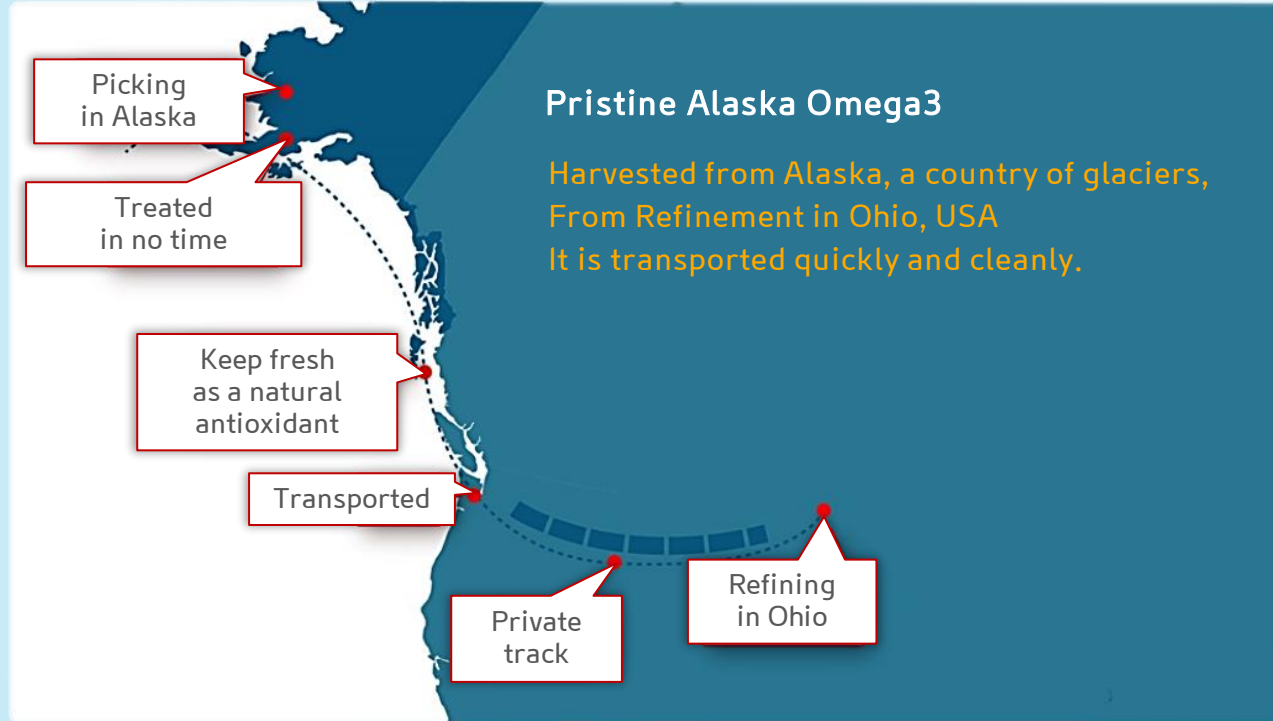


- 1 Pristine Alaska Omega3**  
Fresh raw materials harvested in the pristine Alaska and refined in the shortest time
- 2 Use of high-quality raw materials: Oils containing EPA+DHA**  
700 mg of Omega-3s with over 65% EPA/DHA in 2 capsules daily
- 3 With Vitamin E**  
Helps protect cells from free radicals
- 4 Comfortable swallowing without burden**  
Small capsule size of 550mg, easy swallow for people of all ages



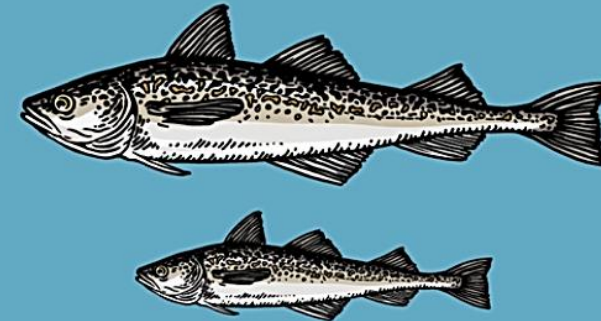
# Pristine Alaska Omega3

Fresh raw materials (refined oil) that have been refined in the shortest time after collection in the pristine area of Alaska  
– The highest quality products sourced directly from the manufacturer



## Alaska Pollock

A cold climate fish species from Alaska, a clean area.  
Alaska Pollock (a type of cod) was used as the main species.  
Produced in sanitary facilities with a purity.





PRODUCT  
FEATURE

# Use of High Quality Raw Materials

Scientifically purified 700 mg of Omega3s with over 65% EPA and DHA in 2 capsules daily



## Refined Fish Oil

- ✓ Refined Oil (65% EPA/DHA, Product of USA)
- ✓ D- $\alpha$ -Tocopherol (Vitamin E 69.4%, Soybean)

## EPA & DHA

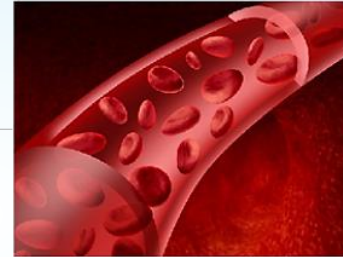
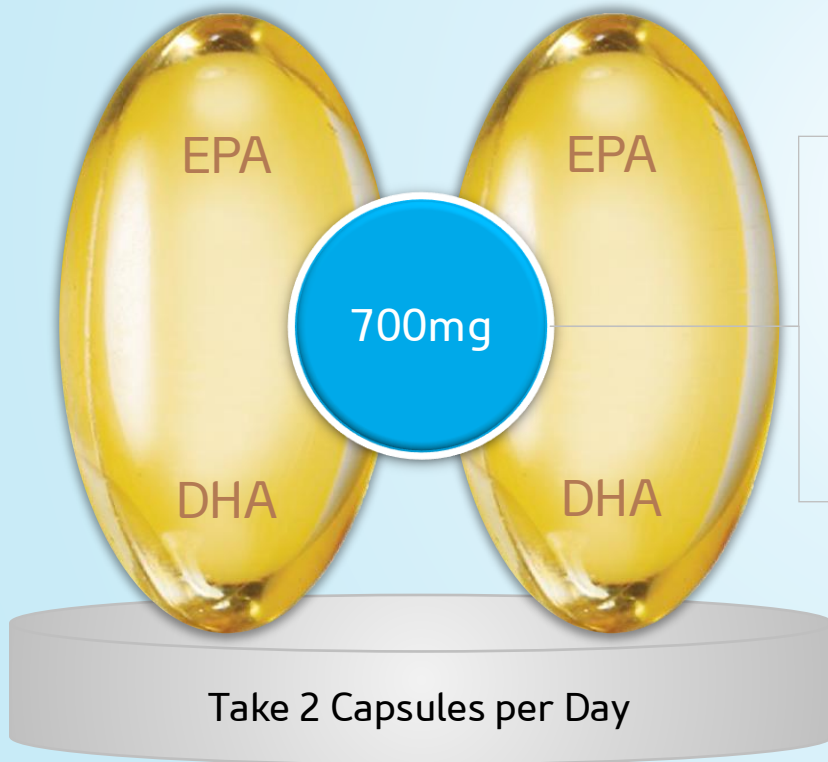
- ✓ May help improve neutral lipids in the blood and improve blood circulation
- ✓ The main components of the brain's nervous system and retinal tissue





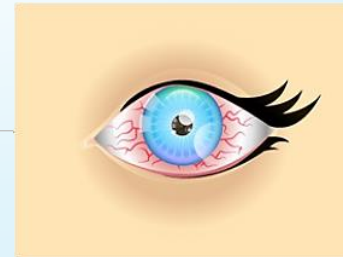
# Intake of 700mg of Omega3 (EPA+DHA)

(2 Capsules Daily)



## EPA

Reduction of triglycerides in the blood  
Helps improve blood circulation



## DHA

Nervous tissue of the brain  
Main components of retinal tissue



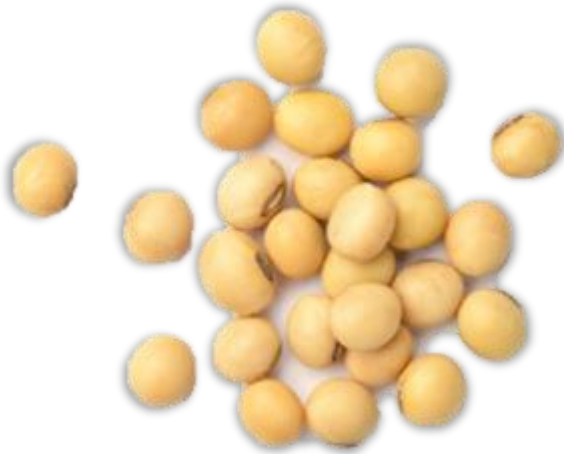
PRODUCT  
FEATURE

## With Vitamin E

Contains D- $\alpha$ -tocopherol (69.4% vitamin E) from soybeans  
Uses naturally derived NON-GMO vitamin E

### Functionality of Vitamin E

Necessary to protect cells from free radicals





PRODUCT  
FEATURE

## Comfortable to Consume

With a small capsule size of 550mg  
Easy to swallow for people of all ages, it can be consumed comfortably



Small Size Capsule





## Recommended For



- ✓ Those who want to improve lipid levels caused by vascular damage
- ✓ Those who want to maintain and improve their health, and live an active life
- ✓ Those who want smooth metabolism and blood circulation
- ✓ Those who need to supplement unsaturated fatty acids
- ✓ Those who usually do not consume enough fish
- ✓ Middle-aged and elderly people who need to improve blood flow
- ✓ Office workers who consume a lot of saturated fat due to meat-based eating habits and parties
- ✓ Adolescents and growing person with a high intake of unhealthy foods
- ✓ Growing adolescent examinees who spend a lot of time sitting in chairs
- ✓ Those who are always busy and worried about their blood health
- ✓ Those who use computers and smartphones for a long time
- ✓ Those who have dry eyes and want moist eyes

NOT FOR MEDICINAL USE



ATOMY  
ALASKA E-OMEGA3

atom美  
ATOMY  
INDIA



High-quality Omega-3 from pristine Alaskan region

Atomy Alaska E-Omega3

Thank You!

