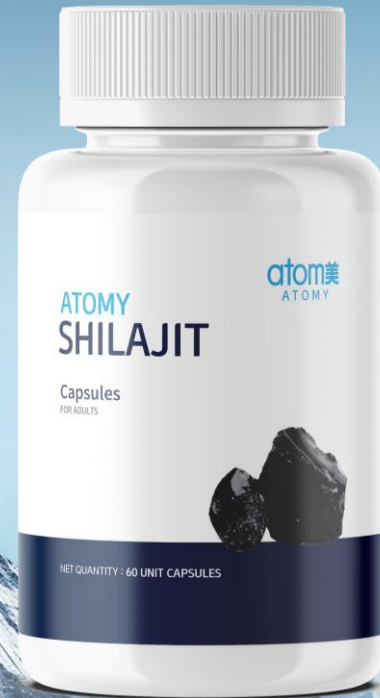


ATOMY SHILAJIT CAPSULES

FOR ADULTS

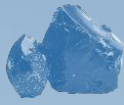
Net Quantity: 60 Units of Capsules (60N x 0.6g)



This material is **internal training material** for Atomy associates.
It is not intended for advertising purposes, and should not be passed on to consumers.
Please only use this material for **member training purposes**.

● REC





PRODUCT
INTRODUCTION

atom美
ATOMY

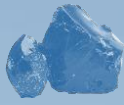
Atomy Shilajit

2nd GSGS

Made
in
India

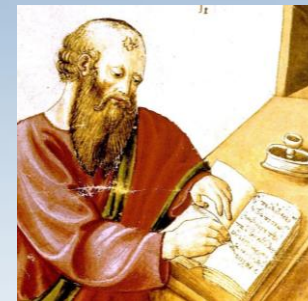
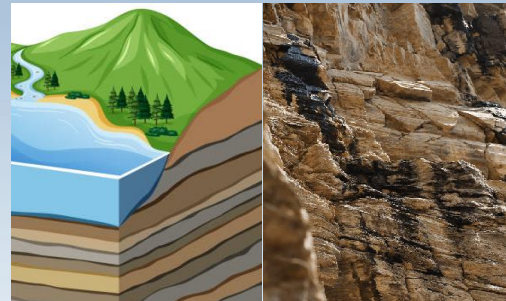
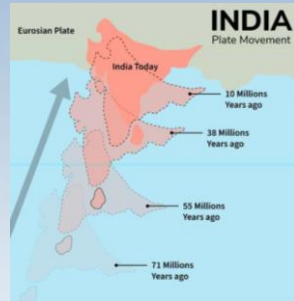
AYUSH
Approved

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Formation of Shilajit

dates back to around late Triassic period, 200 million years ago



Shilajit (शिलाजित्)
 निदाघे घर्मसन्तप्ता धातुसारं धराधराः ।
 निर्यासवत्प्रमुञ्चन्ति तच्छिलाजितु कीर्तितम् ।
 सौवर्णं राजतं ताम्रमायसं तच्चतुर्विधम् ॥६९॥
 शिलाजित्त्वद्रिजितु च शैलनिर्यास इत्यपि ।
 गैरेयमश्वजं चापि गिरिजं शैलधातुजम् ॥७०॥
 शिलाजं कटु तिक्तोष्णं कटुपाकं रसायनम् ।
 छेदि योगवहं हन्ति कफमेदोश्मशर्कराः ॥७१॥
 मूत्रकृच्छ्रं क्षयं श्वासं वातार्शांसि च पाण्डुताम् ।
 अपस्मारं तथोन्मादं शोथकुष्ठोदरकृमीन् ॥७२॥
 (भावप्रकाशनिघण्टु, पूर्वखण्ड, मिश्रप्रकरण, ८/६९-७२)

200 million years
 Triassic period

55 million years
 Himalayas formation

Over the years
 Geological activity

2000 years
 Historical reference

Natural resin formation

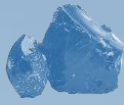
Trapping ancient plants

Transforming organic matter into Shilajit

Aristotle described its benefits, and also, is mentioned in Ayurveda

* Slow decomposition of humus compressed by layers of rocks

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Long History of 2000 years

mentions human consumption for healing and performance enhancement

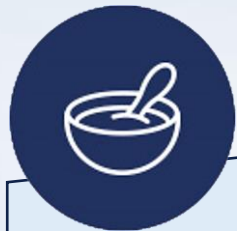
- Referred to as 'Rasayana' in Ayurveda and Siddha literature which means Rejuvenator
- Enhances the quality of 'Rasa' (plasma/life) and strengthens all tissues of body

Reference
mentioned in

About 2000 years ago → Traditional Ayurvedic Text
'Charak Samhita / Sushruta Samhita / Rastarangini / Dwarishtarang'

Shilajit (शिलाजितु)

निदाघे घर्मसन्तप्ता धातुसारं धराधराः ।
 निर्यासवत्प्रमुञ्चन्ति तच्छिलाजतु कीर्तितम् ।
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 ८/६९-७२)



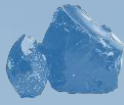
The discovery of power of Shilajit is said to have been made by Himalayan villagers. They began to consume it and reported a broad spectrum of improvements in health and as powerful tonic.



Ayurvedic text 'Charaka Samhita' 2000 years ago states: "There is no curable disease in the universe which is not effectively curable by Shilajit, when administered at the appropriate time, adopting the prescribed method."



In Ayurveda synonyms of Shilajit means 'derived from rocks', 'essence of mountains', etc., whereas in Sanskrit 'shila' means 'mountain' and 'jit' means 'conquer', so translative meaning is "Conqueror of mountains and destroyer of weakness.



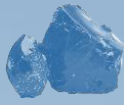
Shilajit

is a natural substance found in the mountain rocks

- Also known as Conqueror of Mountains and Destroyer of Weakness
- Highly viscous exudates from rocks with smooth sticky gum-like resin
- Has pale-brown to blackish-brown in color and taste bitter with pungent odor



Sourced from high altitudes of Himalayas mountain ranges, which oozes out from a special type of mountain rocks in the peak summer months



Strength of Shilajit

is due to synergistic effect of its composition



- Composed of 60–80% organic matter and multi-mineral rich profile, with 85 types of minerals and trace minerals (highly bioavailable)
- Contains actives as Fulvic acid, having strong antioxidant action

Aging health,
Chronic fatigue,
Physical endurance,
Genito-urinary,
Vitality, Anti-stress

Shilajit has Systemic Effect
due to its different mode of predicted action



Help absorb nutrition

Fulvic acid acts as carrier molecule, helps absorb nutrients (especially minerals), transport nutrition to deep tissues



Supports metabolism

Maintains an equilibrium of catabolism and anabolism



Maintains energy

Promotes energy production, helps blood formation, improves circulation and oxygen level



Helps detoxify

Enhances the detoxifying capacity of the body



Supports recovery

Acts as antioxidant, anti-inflammatory, analgesic, reduces recovery period (after injury and during illness)

Benefits of Shilajit

is sparked by its historical usage as a revitalizing and rejuvenating agent



May support strength and stamina (physical endurance)

May improve muscle strength (increases athletic endurance)

May enhance gut health (positively affect gut, enhance nutrient absorption)



May help improve male vigor and vitality

May boost testosterone (enhance virility)



May help manage chronic fatigue

May relieve altitude sickness (improve oxygen levels)

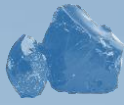
May boost cellular function (stimulate energy production)



May help manage slow down the ageing process

May reduce inflammation and enhance antioxidant (improve disease resistance and anti-inflammation)

May support brain health (protect brain function, support healthy aging)



Atomy Shilajit Capsule

Easy to consume



- With standardized Fulvic acid
- Plant-based capsule
- Odor-free for easy daily intake
- 1 capsule twice a day with water

RECOMMENDED FOR WHO?

- Individuals seeking natural energy support
- People looking to enhance stamina and physical endurance
- Those interested in cognitive support and focus
- Older adults seeking healthy aging benefits



ATOMY
SHILAJIT CAPSULES

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ATOMY SHILAJIT CAPSULES

Strength and Stamina for Adults



Thank You!

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