

Product Name	Govind Madhav Cough Tea
Brand Name	Govind Madhav
Type	Herbal Tea
Physical Form	Powder
Color	Brown
Aroma	Liquorice/Muethi
Shelf Life	36 Months
Sugar Content	No Sugar
Quantity per Cup	1 gm per Cup = 1 Spoon of Tea for 1 Cup (Spoon provided in pack)
Benefits	Helpful in Bronchitis, Sinusitis, Asthma, Cough Expectorant, Improves Sore Throat, Improves Cold, Improves Immunity, Antioxidant, Removes Toxins, Stress Reliever
Packaging Type	Card Board Pack
Business Type	Manufacturer, Retailer, Wholesaler. Exporter.
Country of Origin	India
Certification	Trade Mark, FSSAI, Nutritional Details, GST, MSME, Indian Export Council, ISO 9001: 2015

Govind Madhav Cough Tea contains 27 herbs which have many **Health Benefits** when used in addition to regular cough remedies. These herbs help control of Cough, Cold, Bronchitis, Asthma and Sinusitis because of their Medicinal and Antioxidant properties. They act as Cough Expectorant, improve Immunity, improve Sore Throat, remove Toxins and relieve Stress.

GOVIND MADHAV COUGH TEA - 27 HERBS NAMES

Amla (Indian gooseberry), Ativisha (Indian Atees), Anasphal (Star anese), Arjuna chhal (Arjuna myrrobalan), Ashwagandha (Winter cherry), Bibhitaki (Belleric myrrobalan), Dalchini (Chinese cassia), Gulab ke phool (Rose petals), Gul banafsha (Sweet violet), Haritaki (Chebulic myrrobalan), Kakarsinghi (Zebrawood), Kali mirch (Black pepper), Kateri badi (Yellow berries night shade), Lavanga (Cloves), Nagarmotha (Nut grass), Pippali (Dried catkins), Pudina (Mint), Pushkarmoola (Elicampane), Ajwain (Carom Seed), Samudrashokha (Wooly morning glory), Saunf (Indian sweet fennel), Saunth (Ginger), Tejpatra (Indian cassia), Sungadhabala (Indian valerian rhizome), Vasa patra (Malabar nut), Yashtimadhu (Sweet wood), Yavakshara (Ash of Barley)

BENEFITS: Helpful in Bronchitis, Sinusitis, Asthma, Cough Expectorant, Improves Sore Throat, Improves Cold, Improves Immunity, Antioxidant, Removes Toxins, Stress Reliever

CALORIC VALUE: 3.19 K Cal

CERTIFICATES: ISO 9001:2015, FSSAI, TRADEMARK, IEC, MSME. GST

DESCRIPTIONS: It relieves symptoms of **asthma, bronchitis**, colds, congestion, **cough**, flu, sinusitis, sore throat, and acts as an expectorant. It is Stress reducing, Cleansing, Detoxifying, Digestive, mildly Sweet and lightly fragrant infusion with profound healing properties. It is delightful, revitalizing, refreshing with exotic flavour. Its body rejuvenating effect and health benefits are excellent.

GOVIND MADHAV COUGH TEA - 27 HERBS - ACTIONS IN SHORT

1. **Aconitum heterophyllum** (Ativisha, Indian Atees): Used as an expectorant and for the promotion of hepato-protective activity. **Safety:** 3-5 grams (3-5 masha).
2. **Adathoda Vasica** (Justicia adhatoda, Vasa patra): It bolsters Immunity. Useful in Cold, Congested throat, Cough, Sinusitis, Bronchitis and Asthma. **Safety:** 1-3 grams (1-3 masha).
3. **Argyreia nervosa** (samudra-sokh, Elephant creeper): The powder of the root is given with honey to treat cough, Bronchitis, pharyngitis and improve the voice. **Safety:** 3-5 grams, (3-5 masha).
4. **Caryophyllus aromaticus** (Lavanga, Cloves): It helps to improve functions of bronchial mucus membranes. It is useful in coughs and other respiratory disorders and acts as an **expectorant**. **Safety:** 1-2.5 ratti (0.13-0.3 gm) per day
5. **Cinnamomum tamala** (Tejpatra, Indian Cassia): Tejpatra acts as an expectorant. It is also useful in rheumatism (joint pains). Used in treatment of Diabetes, controls blood sugar levels and cholesterol and Triglycerides. **Safety:** 1-4 masha (1-4 gm) per day.
6. **Cinnamomum zeylanicum** (Dalchini, Chinese cassia): Dalchini is beneficial in deranged kapha. It is expectorant, removes hoarseness of voice. **Safety:** 2.5-10 ratti (0.3-1.25 gm) per day.
7. **Cyperus rotundus** (Nagarmotha, Nut grass): Nut grass is recommended for Cough and Bronchitis in Ayurveda. **Safety:** 3-6 masha (3-6 gm) per day.
8. **Emblica officinalis** (Amla, Indian gooseberry): It helps to **reduce cough**, throat infections and flu. improves body's immunity system. **Safety:** 3-5 grams, (3-5 masha) per day.
9. **Foeniculum vulgare** (Saunf, Indian sweet fennel): It is useful in **cough**, clears phlegm. **Safety:** 4 ratti to 2 masha (0.5-2 gm) per day.
10. **Glycyrrhiza glabra** (Muleti/Yashtimadhu, Liquorice): It is useful in sore throat, hoarseness of voice, **coughs**, colds, bronchitis, laryngitis and **asthma** as an expectorant. It is useful in the inflammatory conditions of bronchial tubes. **Safety:** 1-4 masha (1-4 gm) per day.
11. **Hordeum vulgare L.**, (Yavaksha, Ash of barley): It is used for cough, bronchitis, catarrh, chest congestion.
12. **Illicium verum** (Badian Khatai, Star Anise): It is Used in respiratory tract infections, Cough Bronchitis, Lung inflammation, Asthma. **Safety:** 3-5 grams (3-5 masha) per day.

13. **Inula racemosa** (Pushkaramula, Orris Root): Used in the treatment asthma, chronic bronchitis, pulmonary disorders. It is an expectorant. **Safety:** 2-4 grams, (2-4 masha) per day.
14. **Mentha arvensis** (Pudina, Mint): It is useful where the lungs are congested with catarrh and constricted by spasm, causing wheezing or asthma. It acts as a diaphoretic - clears wind-heat conditions associated with colds & sore throat. **Safety:** 1-4 masha (1-4 gm) per day.
15. **Piper longum** (Pippali, Dried Catkins): It promotes expectoration thus used for coughs, colds, bronchitis, asthma, wet and 'mucousy' conditions of the lungs. It is a rejuvenative for the lungs. **Safety:** 2-4 ratti (.25-.05 gm) per day.
16. **Piper nigrum** (Kali Mirich, Black pepper): It useful as an expectorant, specific for cold, wet, damp, *kapha* conditions with white, sticky mucus and a productive cough; asthma, bronchitis, pneumonia and sore throats. **Safety:** 2-4 ratti (.25-.05 gm) per day.
17. **Pistacia integerrima** (Kakar singhi, Zebrawood): It is an expectorant used in the treatment of cough, asthma, bronchitis, phthisis, catarrhal fever, enlarged glands. **Safety:** 3-6 grams, (3-6 masha)
18. **Rosa damascena** (Gulab ke phool, Rose petals): It is an expectorant. **Safety:** 1-3 masha (1-3 gm) per day.
19. **Solanum Xanthocarpum** (Badi Kateri, Indian Night Shade): Useful in bronchitis, asthma, Sinusitis, Cough and expectoration. The fruit is anti-asthmatic. **Safety:** 5-7 masha (5-7 grams)
20. **Terminalia Arjuna** (Arjuna chhal, Bark of Arjuna myrrobalan): It helps to alleviate productive coughs with copious mucus in bronchitis and asthma due to excess *kapha*. **Safety:** 1-3 masha (1-3 gm).
21. **Terminalia Bellarica** (Bahera, Belliric Myrobalan): Bahera is Used in cough, asthma and sore throat. It is anti-tussive and expectorant. **Safety:** 5-7 grams (5-7 masha) per day.
22. **Terminalia chebula** (Harad, Chebulic myrobalan): Used as herbal remedy for chronic coughs and breathlessness, wheezing, Cough fits. **Safety:** 5-7 masha (5-7 grams) per day.
23. **Trachyspermum ammi** (Ajwain, Carom seeds): Ajwain, an antioxidant removes toxic substances, improves body metabolism, promotes weight loss. It is Anti-inflammatory, improves the Digestive system, Relieves Gas, Bloating, and Indigestion and Neutralizes excess acid. It Relieves Cough, Cold, sore throat. It is useful in Asthma, Bronchitis, acts as a Bronchodilator It helps relax uterine muscles and reduces cramps and pain during periods. It also eases Joint Pains. **Safety:** 3-5 masha (3-5 gm)
24. **Valeriana wallichii** (Sungadhabala, Indian Valerian rhizome): Used in the treatment of cough. **Safety:** 2-8 ratti (.25-1 gm) per day.
25. **Viola Odorata** (Gule Banafsha, Sweet Violet): used for dry or sore throat, stuffy nose, chest congestion, coughs, hoarseness, and Bronchitis and asthma. **Safety:** 5-7 grams, (5-7 masha)
26. **Withania somnifera** (Ashwagandha, Winter cherry): Ashwagandha is full of antioxidants It helps in cough and cold symptoms, and chronic pain. **Safety:** 3 to 5 grams (3-5 masha) per day.
27. **Zingiber officinale** (Adrak, Ginger root): It is used in Sore-throat, laryngitis and cold. **Safety:** 1-10 grams (1-10 masha) per day.

COUGH TEA - NUTRITION FACTS

Energy Value 3.19 K Cal, Total Carbohydrate 0.72gm, Protein 0.068gm, Calcium 2.53mg, Iron 0.103mg, Dietary Fibre 0.042gm, Total Fats & Cholesterol 0mg, Sodium 2.32mg, Potassium 12.68mg

GOVIND MADHAV COUGH TEA - SALIENT FEATURES

- ❖ Govind Madhav Cough Tea relieves symptoms of asthma, bronchitis, colds, congestion, cough, flu, sinusitis, sore throat, and acts as an expectorant.
- ❖ It is Powerful Adaptive, Abundant in Antioxidants, Improves Immunity, and Boosts Stamina & Energy & Removes Toxins & Improves metabolism.
- ❖ It is Stress Reliever, Uplifts Mood, Tones up Heart & Improves Digestion.
- ❖ It is revitalizing, refreshing and has exotic flavour and body rejuvenating effect and health benefits are excellent.

COUGH TEA VIDEO LINK: <https://youtu.be/7eq08xQnvIY>

PRICES, SIZES, DISCOUNTS, TERMS AND CONDITIONS

Packed Teas: These are available in Cardboard packets in sizes 50gms (Rs 165), 100gms (Rs 320), 200gms (Rs 620). 500gms (Rs 1400), 1Kg (Rs 2700).

Loose Teas: These are available as LOOSE TEA in PP bags of 5kg-30kg. You can pack under your own Brand name & you can market of your own at your own price.

Our price for Loose Teas is Rs. 2700/- kg

Discount on packed teas & Lose teas:

We offer 10% Discount on Purchase of teas worth 5000/- to 9999/-

We offer 20% Discount on Purchase of Packed teas worth 10000/- 19999/-

We offer 30% Discount on Purchase of Packed teas worth 20000/------

Shipping charges to be paid by YOU.

USES: Cough, Cold, Bronchitis, Asthma and Sinusitis, Boosts Stamina & Energy, Removes Toxins, Stress Reliever, Uplifts Mood, Tones up Heart, Powerful Adaptogen

TESTIMONIALS – COUGH TEA

Mrs. Shyama Agrawal, Industrialist, Punjabi Bagh, New Delhi.

I feel more comfortable and better. It tastes very good and it does well to health also at the same time. I had taken this Tea (tisane) for 2 months two times a day. I had Chronic sinusitis which used to trouble me every rainy season. I was amazed to notice that my deadly symptoms did not trouble me at all this season.

Ajay Negi, Magazine Designer Anand Bazar Patrika, Pitampura New Delhi.

I am a Krishna conscious devotee. I took this for one week and found that it is very soft mild herbal tea which can be prepared in a number of ways. I was surprised to note that my cough & cold improved. I am more relaxed now and feel fresh. I have confidently recommended it to others because of its low calorie value.

Shabdagita Devi Dasi, ISKCON Temple Punjabi Bagh, New Delhi, India.

I don't know how to express my happiness of having such a wonderful tea...Being in Krishna consciousness I am a not 'tea' fan. But I took it and found it has relieved me of my cough & bronchitis problem. It improved digestion also.

Pratap Bhanu Goswami, Village Saidpur, Ayodhya, U.P.

I am suffering from Allergic Bronchitis for many years. I was given Govind Madhav Cough Tea along with routine traditional therapy. To my surprise I found this tea helped me to reduce traditional medicines. It improved digestion also.

Gayatri Devi Sharma, Nirala Nagar. Lucknow.

Govind Madhav Cough Tea has helped me to control my cough & cold problem.