



GET A GOOD ONE

al baraka mushrooms

AL BARAKA MUSHROOMS

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PRODUCT BROCHURE

GSTIN : 33IJEPS1652B1ZF

Medicinal Mushroom Extract & powder Capsule.,

Chaga	<i>Inonotus obliquus</i> (Ach. ex Pers.) Pilát	Polysaccharides	Antioxidant,
		Fatty acids	Anti-ageing, Antimicrobial
		Hydroxy acids	activity,
		Poliphenols (phenolic	Antitumor activity, Anti-
		acids, flavonoids,	inflammatory hypoglycemic
		coumarins, quinones, and	effect, Antilipidemic effect,
		styrylpyrones)	Antiglication effect,
		Triterpenoids (lanosterol)	Immunoregulatory
		Steroids (ergosterol and	Cardioprotective effects
		ergosterol peroxide)	



Lion's Mane	<i>Hericium erinaceus</i> (Bull.) Pers.	Hericerins,	
		Erinacins,	
		Glycoprotein,	Anticancer, Antioxidant,
		Polysaccharides	Anti-ageing,
		Beta-glucans,	Immunomodelling,
		Sterols,	Neurotonic,
		Lactone,	Anti-asmatic,
		Fatty acids	Hypoglycemic effects
		Volatile compounds (e.g.,	Hypocholesterolemic
		hexadecanoic acid, linoleic	effects
		acid, phenylacetaldehyde,	
		benzaldehyde)	

Cordyceps	<i>Ophiocordyceps sinensis</i> (Berk.) G.H. Sung, J.M. Sung, Hywel-Jones & Spatafora prior name <i>Cordyceps sinensis</i>	Cordycepin (purine alkaloid)	Antitumor, Hypoglycemic effect
		Cordymin (peptide)	
		Adenosine	Hypocholesterolemic effect,
		Cordycepic acid (D-mannitol)	Anti-inflammatory,
		Trehalose	Antioxidant, Antiaging
		Polysaccharide	activity, Antimicrobial
		Beta-glucans	activity, Anticonvulsant
		Saponins	activity, Cardiovascular
		Polyunsaturated fatty acids,	protection
		Ergosterol	(reduces cardiac
		δ-tocopherol	arrhythmia and chronic
		Hydroxybenzoic acid	heart failure)

Common Name	Latin Name	Compounds with Bioactive Potential	Health-Promoting Effects
Reishi	<i>Ganoderma lucidum</i> (Curtis) P. Karst.		Anti-inflammatory
		Polysaccharides	Anticancer
		Glycoproteins (lectins)	Antiviral (Including HIV)
		Phenols	Antimicrobial
		Steroids	Hypotensive effect
		Triterpenoids	Cardiotonic
		Nucleotides	Immunomodelling
		Fatty acids	Nephrotonic
		Vitamins	Hepatoprotective
		Minerals	Neurotonic
			Anti-asthmatic



Medicinal Mushrooms

In addition to being rich sources of vitamins, minerals, amino acids, and fiber, medicinal mushrooms have numerous documented health benefits. Find them as teas, powders, capsules, and tinctures or cook them fresh.

SHIITAKE

- cardiovascular health
- antioxidant support
- gut health



REISHI

- antioxidant support
- longevity
- immunity



LIONS MANE

- cognition & mood
- mental clarity
- nerve health

CHAGA

- respiratory health
- antioxidant support
- liver detoxification



CORDYCEPS

- cardiovascular health
- energy & stamina
- longevity



MAITAKE

- blood sugar regulation
- cardiovascular health
- immunity



TURKEY TAIL

- gut & microbiome health
- immunity
- liver detoxification

SELLER BANK ACCOUNT DETAILS:-

Bank Name : **TamilNad Mercantile Bank**

A/C Name : **AL BARAKA MUSHROOMS**

A/C Type : **Current Account.**

A/C No : **230150050800563**

IFSC Code : **TMBL0000230**

SWIFT Code : **TMBLINBB**