



G E T A G O O D O N E

al baraka mushrooms

## AL BARAKA MUSHROOMS

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### PRODUCT BROCHURE

GSTIN : 33IJEPS1652B1ZF

## ***Reishi Mushroom.,***



Reishi mushrooms are among several medicinal mushrooms that have been used for hundreds of years, mainly in Asian countries, for treatment of infections. More recently, they have also been used in the treatment of pulmonary diseases and cancer. Medicinal mushrooms have been approved adjuncts to standard cancer treatments and have an extensive clinical history of safe use as single agents or combined with chemotherapy.

Reishi mushroom has been used to help enhance the immune system, reduce stress, improve sleep, and lessen fatigue. People also take reishi mushroom for health conditions such as:

- High blood pressure
- High cholesterol
- Cardiovascular disease
- Liver or kidney disease
- Respiratory diseases (such as asthma)
- Viral infections (such as the flu)
- HIV/AIDS
- Cancer and support during chemotherapy
- Pain during and after a shingles outbreak
- Building strength and stamina
- Fatigue



There is some scientific evidence of its effectiveness, including lab research and some small human studies. Researchers are beginning to look at the chemical makeup of this mushroom to better understand how and whether it really works for each of these conditions.

#### Doses may depend upon factors that include:

- Your age
- Condition for which the mushroom is being prescribed
- Form of the mushroom
- Your overall health

Reishi mushroom is cultivated and sold as a food, but it may be tough and bitter.





When taken for health reasons, it is usually dried or taken as an extract, such as in the form of:

- Liquid
- Capsule
- Powder

Reishi (*Ganoderma lucidum*) is pharmacologically as well as commercially the most important medicinal mushroom in the world with current global trade of about 2 billion dollars

Reishi is reported to possess a plethora of very significant medicinal values- anticancer, anti- HIV, antiheart attack (cholesterol lowering as well as anti-angiogenic), Hepato- and nephroprotective, hypoglycemic (anti-diabetes), antioxidants etc. In Chinese and Japanese systems of medicine Reishi is almost a panacea.

**SELLER BANK ACCOUNT DETAILS:-**

Bank Name : <b>TamilNad Mercantile Bank</b>	A/C No : <b>230150050800563</b>
A/C Name : <b>AL BARAKA MUSHROOMS</b>	IFSC Code : <b>TMBL0000230</b>
A/C Type : <b>Current Account.</b>	SWIFT Code : <b>TMBLINBB</b>

