



GET A GOOD ONE

al baraka mushrooms

## AL BARAKA MUSHROOMS

[Mr. SICKANDER BADHUSHA . M]

4/486C, 12<sup>th</sup> Street, V.O.C Nagar, Suthamalli,  
Tirunelveli, Tamilnadu (627604).

Contact No : +91 89460 62329

E-Mail : [sickander111@gmail.com](mailto:sickander111@gmail.com),  
[albarakamushrooms@gmail.com](mailto:albarakamushrooms@gmail.com)



### PRODUCT BROUCHURE

GSTIN : 33IJEPS1652B1ZF

## **Maitake Mushroom.,**

**"Maitake"** means dancing mushroom. This mushroom is a type of adaptogen. Adaptogens assist the body in fighting against any type of mental or physical difficulty. They also work to regulate systems of the body that have become unbalanced. While this mushroom can be used in recipes for taste alone, it's considered to be a medicinal mushroom.

Compared to other mushrooms, maitake has shown better results in preventing and treating cancer and other health conditions. Maitake also has a positive effect on overall immunity.

#### **Maitake mushrooms are rich in:**

- antioxidants
- beta-glucans
- vitamins B and C
- copper
- potassium
- fiber
- minerals
- amino acids



#### **The mushrooms are also:**

- fat-free
- low-sodium
- low-calorie
- cholesterol-free



#### **Cancer**

A 2013 study indicates that maitake D-Fraction could be useful in preventing and treating breast cancer. Researchers suggest that this mushroom can fight the growth and reproduction of cancerous cells.

Maitake mushroom has been shown Trusted Source to suppress tumor growth in mice. It can also increase the number of cells fighting against the tumor. This suggests that it could also be effective in managing cancer in humans when taken orally.

An earlier study found maitake D-Fraction, which is an extract, to be efficient in killing human cancer cells. It was taken alongside a protein that also fights cancer and succeeded in increasing the protein's effectiveness.



## **Cholesterol**

Researchers in a 2013 study found that maitake powdered extract lowered cholesterol levels in mice. It was also shown to increase fatty acids that provide energy. Because of this, researchers theorized that eating maitake mushroom may help keep arteries healthy.

## **Type 2 Diabetes**

The results of a 2015 study<sup>Trusted Source</sup> showed that maitake mushroom can have a positive effect on rats with type 2 diabetes. During the study, maitake mushroom consumption had a positive effect on glucose levels of rats. This points to the mushroom's potential to treat type 2 diabetes in humans.

### **Maitake mushroom may also be useful in treating:**

- cold and flu viruses
- high or low blood pressure
- immune function
- side effects of chemotherapy



If you're using maitake to boost your health, you can add it to any food in which you would normally add mushrooms. It can be added to stir-fry, salad, pasta, pizza, omelets, or soup. You can also fry the mushrooms in butter or grill them. Maitake has a strong, earthy taste, so be sure you enjoy its flavor before adding it to a large amount of food.

### **SELLER BANK ACCOUNT DETAILS:-**

Bank Name : **TamilNad Mercantile Bank**

A/C Name : **AL BARAKA MUSHROOMS**

A/C Type : **Current Account.**

A/C No : **230150050800563**

IFSC Code : **TMBL0000230**

SWIFT Code : **TMBLINBB**

