

MEHAK WELLNESS CENTRE (BIOFEEDBACK & STRESS MANAGEMENT) ISO 9001:2015

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DR. RAJEEV MEHRA - N.D.; M.D. (A.M.); GOLD MEDALIST; REIKI GRAND MASTER COMPUTERIZED NADI PARIKSHA / BIOFEEDBACK THERAPIST BEST CANCER SPECIALIST OF THE YEAR 2023. In 2001 garnered with the highly prestigious "RASHTRIYA RATTAN AWARD" "Globally Renowned Best CANCER Treatment Specialist through Genetic and Auto Immune Correction."

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TELOMERE and CHROMOSOMES MANAGEMENT

NON-INVASIVE DIAGNOSIS AND TREATMENT FOR TELOMERE / CHROMOSOMES

A compound structure at the end of a chromosome.

Telomeres may be one key to the aging process. Telomeres protect our DNA by acting as buffers at the ends of chromosomes. They have been compared to the plastic caps on shoelaces that keep the lace from fraying. Telomeres function as shoelace caps do, but they protect genes instead of shoelaces.

Telomeres are an essential part of human cells that affect how our cells age. Telomeres are the caps at the end of each strand of DNA that protect our chromosomes, like the plastic tips at the end of shoelaces. Without the coating, shoelaces become frayed until they can no longer do their job, just as without telomeres, DNA strands become damaged and our cells can't do their job.

In any living organism, aging is the result of the decrease in the number and / or function of cells. Every time cells replicate, telomeres shorten until they reach a point where the cells can no longer divide properly. Cells with such short telomeres usually become senescent or enter apoptosis, and eventually die. Therefore, telomere length is a crucial biomarker providing insight into understanding organismal aging.

A telomere is a region of repetitive nucleotide sequences at each end of a chromosome, which protects the end of the chromosome from deterioration or from fusion with neighboring chromosomes. In humans, average telomere length declines from about 11 kilobases at birth to less than 4 kilobases in old age, with average rate of decline being greater in men than in women.

During chromosome replication, the enzymes that duplicate DNA cannot continue their duplication all the way to the end of a chromosome, so in each duplication the end of the chromosome is shortened. The telomeres are disposable buffers at the ends of chromosomes which are truncated during cell division; their presence protects the genes before them on the chromosome from being truncated instead.

Over time, due to each cell division, the telomere ends become shorter. They are replenished by an enzyme, telomerase reverse transcriptase.

ASSESSMENT IS CARRIED OUT FOR THE FOLLOWING 46 CHROMOSOMES:

- 1. CHROMOSOME 1-P
- 2. CHROMOSOME 1-Q
- 3. CHROMOSOME 10-P
- 4. CHROMOSOME 10-Q
- 5. CHROMOSOME 11-P
- 6. CHROMOSOME 11-Q
- 7. CHROMOSOME 12-P
- 8. CHROMOSOME 12-Q 9. CHROMOSOME – 13-P
- 9. CHROMOSOME 13-F
- 10. CHROMOSOME 13-Q 11. CHROMOSOME – 14-P
- 12. CHROMOSOME 14-P
- 13. CHROMOSOME 14-Q
- 14. CHROMOSOME 15-Q
- 15. CHROMOSOME 16-P
- 16. CHROMOSOME 16-Q
- 17. CHROMOSOME 17-P
- 18. CHROMOSOME 17-Q
- 19. CHROMOSOME 18-P
- 20. CHROMOSOME –18-Q
- 21. CHROMOSOME 19-P
- 22. CHROMOSOME 19-Q
- 23. CHROMOSOME 2-P
- 24. CHROMOSOME 2-Q
- 25. CHROMOSOME 20-P
- 26. CHROMOSOME 20-Q 27. CHROMOSOME – 21-P
- 28. CHROMOSOME 21-Q
- 29. CHROMOSOME 22-P
- 30. CHROMOSOME 22-Q
- 31. CHROMOSOME 3-P 32. CHROMOSOME – 3-Q
- 33. CHROMOSOME 4-P
- 34. CHROMOSOME 4-Q
- 35. CHROMOSOME 5-P
- 36. CHROMOSOME 5-Q 37. CHROMOSOME – 6-P
 - $\frac{1}{28} CHROMOSOME = 6-0$
- 38. CHROMOSOME 6-Q 39. CHROMOSOME – 7-P
- 40. CHROMOSOME 7-Q
- 41.CHROMOSOME 8-P
- 42. CHROMOSOME 8-Q
- 43. CHROMOSOME 9-P
- 44. CHROMOSOME 9-Q
- 45. CHROMOSOME X
- 46. CHROMOSOME Y

Observational studies have found shortened telomeres in many CANCERS including Pancreatic, Bone, Prostate, Bladder, Lung, Kidney, and Head & Neck. In addition, people with many types of Cancers have been found to possess shorter leukocyte telomeres than healthy controls. However the increase in risk varies by age, sex, tumor type and differences in lifestyle factors.

Some of the same lifestyle factors which increase risk of developing CANCER have also been associated with shortened telomeres: including stress, smoking, physical inactivity and diet high in refined sugars. Diet and physical activity influence inflammation and oxidative stress. These factors are thought to influence telomere maintenance. Psychologic stress has also been linked to accelerated cell aging, as reflected by decreased telomerase activity and short telomeres. It has been suggested that a combination of lifestyle modifications, including healthy diet, exercise and stress reduction, have the potential to increase telomere length, reverse cellular aging, and reduce the risk for aging-related diseases.

TELOMERASE, the enzyme complex responsible for elongating telomeres through the addition of telomere repeats to the ends of chromosomes, is activated in approximately 80% of TUMORS.

We very well know, at initial stages there are no symptoms. Diagnosis for telomere is not available at all. Shorting of the Telomere can damage our DNA. So only when major disorders are reported, we would understand the value of healthy Telomers. At this point of time we would value the need for TELOMERE repair. But by then it is too late.

We, at MEHAK WELLNESS CENTRE, under the expertise of DR. RAJEEV MEHRA, a GOLD MEDALIST & REIKI GRAND MASTER offer NON-INVASIVE Diagnosis on State of the Art, latest 21st Century technology to verify the TELOMERE's presence in our system. We are in a position to diagnose and treat for TELOMERE.

Non Invasive diagnoses much before any modern science equipment / test could reveal.

MEHAK WELLNESS CENTER, is the only specialized Centre in INDIA / ASIA to offer NON-INVASIVE TELOMERE Diagnosis and Repair.

Our work is NON-INVASIVE. We work with BIOFEEDBACK & RADIONICS.

We, run a 7000 parameter test along with testing for AUTO IMMUNE disorders and are in a position to guide the client of a future onset or presence of any major diseases.

With vast experience of over 35 years, working mainly with Cancer patients and being awarded with 80+ Certificates & Awards, DR. MEHRA is confident of giving positive results in all cases. Supplements to stabilize Telomere can also be offered.

Test helps us in taking preventive and corrective measures to balance the Telomere.

Diagnosis is carried out to evaluate the quantity of active TELOMERES, and also its presence in anti-aging process. If required, it can be corrected with BIOFEEDBACK therapy.

Therapy involves giving corrective Frequency to enhance the growth of TELOMERES and its stability. As it supports for anti-aging and is one of the 12 Anti-Aging parameters, balancing the same helps in the support for ANTI-AGING. A strong TELOMERE helps in stabilizing the CHROMOSOMES and eventually delaying the onset of chronic diseases.

Our work mainly involves 4 stages- DETOXIFICATION; CHROMOSOME test, to identify hereditary issues, faulty programming; IMMUNITY test, to verify an AUTOIMMUNE angle and finally support with SUPPLEMENTS (AMINO ACIDS, HORMONES, MINERALS and VITAMINS).

REVERSAL OF ALL CONDITIONS, DISEASES, DISORDERS POSSIBLE.

We advise to COMPLEMENT our services, with the ongoing therapies / treatment for better and faster results.

We strongly recommend DETOX procedure, along with IMMUNITY and DIETARY SUPPLEMENTS. This should be started immediately. COLLOIDAL SILVER WATER, ANTIOXIDANT HYDROGEN RICH WATER, ATOMY HEMOHIM and VITAMIN C and use of ZAPPER. Not to forget WHEATGRASS JUICE. RADIONICS and RIFE FREQUENCIES for basic corrections. Start immediately on the RADIONICS maintenance kit. HERBAL NUTRITION STEMCELL booster for speedy recovery. NON-INVASIVE therapy is administered, which could take 18 to 72 sittings of BIOFEEDBACK therapy to resolve most issues depending on the individual's resistance from within and the body's ability to HEAL.

TELOMERE / CHROMOSOME MANAGEMENT

SOLUTION FOR TELOMERE / CHROMOSOME CARE

NON-INVASIVE THERAPY FOR TELOMERE/CHROMOSOME REPAIR

- Rs. 1,875/- (US\$ 25) Consultation
- Rs.37,500/- (US\$ 500) Diagnosis Package (Includes Consultation, Supplement Report, Biofeedback Diagnosis & QRMA)
- Rs.30,000/- (US\$ 400) Complete 7,000 parameter Test (MUST) [SECOND OPINION]
- Rs.22,500/- (US\$ 300) BIOFEEDBACK Therapy (MUST)
- Rs. 7,500/- (US\$ 100) BIOFEEDBACK Miasms & Anti-Aging Profile Diagnosis
- Rs.15,000/- (US\$ 200) BIOFEEDBACK Therapy for Telomere and Anti-aging (MUST)

Rs.15,000/- (US\$ 200) BIOFEEDBACK - Panel Therapy (Panel for DETOX) (Charges are per sitting)

Cost of other related Therapies, Detoxification & Supplements / Frequency medication is recommended in the Supplement Chart. Book your SUPPLEMENT CHART for details. (12 weeks of Therapy with 24 weeks of Supplements, helps in balancing most issues.)

[Clients booking DIAGNOSIS PACKAGE on MRP would be termed as REGISTERED IN HOUSE CLIENTS. They would be entitled for preference in booking sessions and 50% Discount on further Consultation and Diagnosis for 1 year; and In House Products & Premium Products at 25% Value Addition.

Maintain a Security Deposit of Rs.12,000/-. Clients without maintaining Security Deposit Pre-Book your Products / Sessions a week / 7 days in advance with Full CASH payment. Book minimum 18 sittings, to avail DISCOUNT.

BUY PRE PAID GIFT VOUCHERS OF RS.5,000/-, GET 50% VALUE ADDITION. [RS.7,500/- WORTH SERVICES]

DR. RAJEEV MEHRA recipient of 80+ Excellence Awards "BEST CANCER SPECIALIST IN ASIA" - 2019 "BEST CANCER SPECIALIST DOCTOR OF THE YEAR" - 2019 "PRIDE OF INDIA" - 2002 Garnered with the highly prestigious "RASHTRIYA RATTAN AWARD" - 2001 "MAN OF THE YEAR" - 1998

MEHAK WELLNESS CENTRE – Awarded

"TOP DIAGNOSTIC CENTRE IN MUMBAI"

AMONGST THE TOP 10 DIAGNOSIS CENTRES IN MUMBAI. MAY 2019. BY SILICONINDIA.COM

Guide to Package selection HOW TO CHOOSE YOUR PACKAGE:

1) 18 sittings of BIOFEEDBACK, with minimum 6 sittings of Panels.

Recommended as Maintenance for all. Persons who suspect any disease or with a family history of diseases, discomforts should opt for this Package. Disease/Disorder yet not revealed in medical tests.

2) 36 sittings of BIOFEEDBACK, with minimum 12 sittings of Panels.

Recommended for all who have been diagnosed with any major disease, or having severe discomfort. For all those who have not been able to have a control over their disease / condition within 7 weeks of taking medication / Therapy. Patients Diagnosed with CANCER, or any Chronic Disease should start with this Package immediately. For CANCER patients, if Chemo-Therapy or Radiation has been suggested, they should take this first before starting any INVASIVE procedures.

3) 54 sittings of BIOFEEDBACK, with minimum 18 sittings of Panels.

Recommended in all cases where any Invasive procedure has been started. For all cases where Chemo-Therapy, Radiation or any external support has been undertaken this Package would be required. (Insulin in case of Diabetes.)

4) 72 sittings of BIOFEEDBACK, with minimum 24 sittings of Panels.

Recommended for all RELAPSE cases. If any Disease has reoccurred after a complete treatment, this Package would be required. In case of CANCER, clients who find a further need of Chemo-Therapy or Radiation after their first set, need to start on this Package immediately.

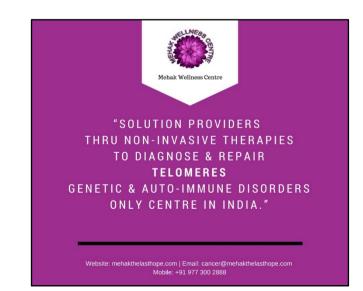
5) 90 sittings of BIOFEEDBACK with minimum 30 sittings of Panels.

METASTASIS. 4TH stage CANCER. Relapse, spreading to other organs. In cases where the CANCER cells are no more bound to a particular area / organ, and have been spreading to other areas. Presence of CANCER in multiple areas / more than 1, would need to get started with this package.

GENETIC & AUTO IMMUNE disorder cases would need minimum 54 sittings. (3 cycles)

Diagnosis & Therapy on GENETIC & AUTO IMMUNE levels are recommended for Diseases / Disorders which do not stand rectified in a time frame of 7 days to 7 weeks with your ongoing medication / therapy.







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PAY DIAGNOSIS PACKAGE FEES as per MRP US\$500 or RS.37,500/-.

(550 x 82 = Rs.45,100)

And be Qualified for the following BENEFITS for 1 full year.

- UNLIMITED CONSULTATIONS AT 50% CASH DISCOUNT.
- UNLIMITED SUPPLEMENT CHART READINGS AT 50% CASH DISCOUNT.
- UNLIMITED BIOFEEDBACK DIAGNOSIS AT 50% CASH DISCOUNT.
- UNLIMITED BIOFEEDBACK PANEL DIAGNOSIS AT 50% CASH DISCOUNT.
- UNLIMITED QRMA TESTS AT 50% CASH DISCOUNT.
- BOOK LIQUIDS FROM PG.1 SUPPLEMENT CHART, ITEMS 1 TO 3,
- BOOK RADIONICS FREQUENCY POTENCIES / FUSION FROM PG.1
- BOOK ITEMS FROM F CATEGORY
- AND BE ELIGIBLE FOR OFFERS 25% ADDITIONAL PRODUCTS. NO CLUBBING. SEPARATE BILLING FOR THE ABOVE 3 CATEGORIES.
- PAY RS.15,000/- and get PRODUCTS WORTH RS.18,750/-; (25% ADDITIONAL FREE PRODUCTS).
- OFFERS/DISCOUNTS VALID FOR 1 YEAR FROM DATE OF BIOFEEDBACK DIAGNOSIS.

ADVANTAGES / BENEFITS OF BOOKING A BIOFEEDBACK THERAPY PACKAGE

- 1) CONFIRMED SLOT BOOKING.
- 2) DISCOUNTS APPLICABLE.
- 3) EXTENDED TIME BEYOND 45 MINUTES PER SITTING IF REQUIRED.
- 4) US\$50; INR 3,750/- DISCOUNT PER SITTING. (INR22,500/- / INR18,750/-)
- 5) PREPAID GIFT VOUCHERS OF RS.5,000/- WITH 50% VALUE ADDITION CAN BE AVAILED. VOUCHER VALUE RS.7,500/- YOU PAY RS.5,000/-. RS.2,500/- VALUE ADDITION.
- Package valid only when full payment is cleared in advance by CASH, GPAY or NEFT.
- Any amount other than MRP needs to be cleared by CASH only.
 GPAY 97730 02888.
 NEFT HDFC BANK LTD., VERSOVA, ANDHERI (W) branch, Mumbai 400 061.

IFSC: HDFC0000666 favoring "RAJEEV MEHRA" Savings A/C No. "06661930001141".

NOTE:

- 1) FULL AMOUNT TO BE CLEARED IN ADVANCE; AND SLOT BOOKING DAY, DATE, TIME CONFIRMED.
- 2) ORDERS / SERVICES / THERAPIES ONCE BOOKED CANNOT BE CANCELLED.
- 3) NO REFUND. NO CANCELLATION. NO ADJUSTMENT.
- 4) ONCE SLOTS ARE CONFIRMED FOR THERAPY NO CHANGES OR POSTPONEMENT POSSIBLE.
- 5) AS PRODUCTS ARE PROCURED FROM DIFFERENT VENDORS 10 TO 15 DAYS TIME MAY BE TAKEN TO RECEIVE THE SAME. IN CASE OF NON AVAILABILITY OF CERTAIN PRODUCTS, OPTIONS WOULD BE GIVEN, TO COMPLETE THE ORDER.
- 6) IN-HOUSE PRODUCTS WOULD BE ISSUED AS PER THE SCHELUDE.
- 7) ALL SUPPORTIVE THERAPIES WOULD NEED TO BE COMPLETED BEFORE THE END OF THE MAIN THERAPY. ON THE LAST DAY OF THE MAIN THERAPY ALL OTHER SUPPORTIVE THERAPIES WOULD STAND TERMINATED.
- 8) THERAPY PACKAGE VALIDITY IS FOR 4 WEEKS / 30 DAYS / MONDAY TO FRIDAY. NO EXTENTION.

TERMS & CONDITIONS:

- 1. Offer to purchase GIFT VOUCHERS, exchange value Rs.7,500/-, by paying Rs.5,000/-. 50% Value Addition. Multiple vouchers can be purchased. Pay Rs.5,000/- per voucher of exchange value of Rs.7,500/-.
- 2. GIFT VOUCHERS, would be applied on the MRP values.
- 3. Full value to be utilized in a single order / invoice / single use. One time Validation.
- 4. Validity of the GIFT VOUCHER is 1 month, 30 days, starting from the 1st of next month. So valid for a month starting from 1st till the 30TH.
- 5. Not valid in the month of purchase. GIFT VOUCHERS purchased in the previous month are eligible for use from the 1ST to the 30TH of the following month.
- 6. 30 days of activation. Valid for a single case / person / package only.
- 7. No Cash Value, No Cancellation, No Refund, No Alteration, No time extension would be entertained. Being a discounted GIFT VOUCHER, once booked has to be used in the following / next month of purchase.
- 8. GIFT VOUCHER, can be redeemed for THERAPIES and IN-HOUSE products only.
- 9. All therapies are offered in the clinic. Products need to be collected from the clinic.
- 10. No cash compensation for lesser value utilized. Excess purchase to be paid in CASH.
- 11. Unused GIFT VOUCHERS, on the 30TH of the following month would stand as NULL & VOID. NO revalidation under any circumstances.
- 12. GIFT VOUCHERS may be purchased by CASH, GPAY or NEFT.

GPAY – 97730 02888.

NEFT – HDFC BANK LTD., VERSOVA, ANDHERI (W) branch, Mumbai – 400 061.

IFSC: HDFC0000666 favoring "RAJEEV MEHRA" Savings A/C No. "06661930001141".

13. Reserve your Dates / Slots well in advance, to get confirmed booking.

Details of the Purchaser and the Beneficiary need to be submitted at the time of purchasing the GIFT VOUCHER. (Name, DOB, Contact details)

Purchaser is someone who has agreed to promote this Science. Doctors, Health Practitioners, Promoters, Persons propagating for the Centre.

This OFFER is open for In House Registered patients and for persons passing references to promote Alternative Medicines.

Doctors, Health Practitioners, Naturopaths and all those interested to join our mission – "GOOD HEALTH FOR ALL" are invited.

Delivery time may vary from 3 to 7 days for all IN-HOUSE PRODUCTS. Order once placed, the same need to be collected within 10 days.

COLLOIDAL SILVER WATER - Rs.1,875/- per Litre.

1000 ml. / 4000 ml. REFILLS. Amber Glass Bottles to be purchased @ Rs.100/- / 300/- each.

ANTI-OXIDANT HYDROGEN RICH WATER - Rs.300/- per Litre.

1000 ml. plastic bottles.

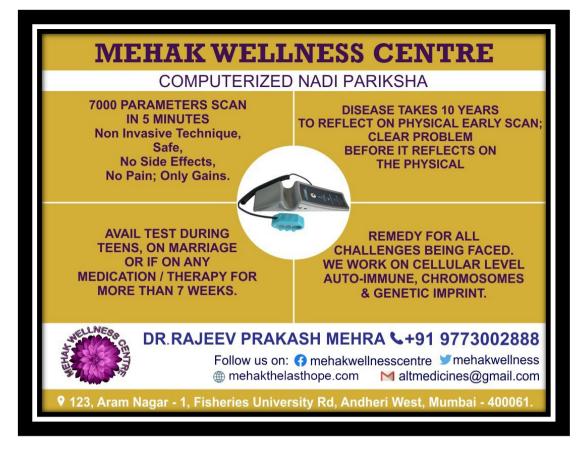
ALKALINE KANGEN WATER – 2.5 pH; 5.5 pH; 7 pH; 8.5 pH; 9.0 pH; 9.5 pH; 11.5pH. 1000 ml. / 5000 ml. REFILLS. 1000 ml. plastic bottles. 5000 ml. imported plastic Kangen bags @ Rs.1,300/-

EYE WASH / SKIN COOLANT - Rs.300/- per Litre.

1000 ml. plastic bottles.

Carry your own containers. 5 litre imported foldable Plastic Kangen bags @ Rs.1,300/-. All Liquids as REFILLS. 1000 ml. plastic bottles @ Rs.50/-. Bottle cost to settle in CASH.

RADIONICS medication / pills are available in Single bottle, Mini kit - 5 bottles, Regular kit - 10 bottles, CANCER kits – 20 bottles. Minimum order accepted / supply is for 1 month. FUSION – A combination of AYURVEDIC / HERBAL with FREQUENCIES. Rs.2,250/- 60 nos.



TELOMERE / CHROMOSOME MANAGEMENT

ARTIFICIAL INTELLIGENCE TO DETECT AND REPAIR

REVERSAL OF ALL CONDITIONS, DISEASES, DISORDERS POSSIBLE

