



MEHAK WELLNESS CENTRE

(BIOFEEDBACK & STRESS MANAGEMENT)

ISO 9001:2015

123, ARAM NAGAR PART - 1, FISHERIES UNIVERSITY ROAD, ANDHERI WEST, MUMBAI - 400 061. INDIA

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mehakwellnesscentre.business.site

www.mehakthelasthope.com

**DR. RAJEEV MEHRA - N.D.; M.D. (A.M.); GOLD MEDALIST; REIKI GRAND MASTER
COMPUTERIZED NADI PARIKSHA / BIOFEEDBACK THERAPIST**

BEST CANCER SPECIALIST OF THE YEAR 2023.

In 2001 garnered with the highly prestigious "RASHTRIYA RATTAN AWARD"

"Globally Renowned Best CANCER Treatment Specialist through
Genetic and Auto Immune Correction."

REIKI HEALING

REIKI is a Japanese term, which is a combination of two syllables.

Rei - Universal Ki - Life force energy.

Thus REIKI stands for Universal Life Force Energy.

Everyone is born with REIKI, for it is energy in itself.

REIKI is not given, it is taken. We are mere channels of energy.

REIKI is of Vedic origin and was lost to humanity. It was re discovered by GAUTAM BUDDHA and was lost again. Finally it was rediscovered, a second time at the end of the 19th century by Dr. Mikao Usui. Special efforts were made to preserve it during the Second World War and make it available to the modern world.

REIKI acts on the Aura level, Emotional level, Mental level, Spiritual level & Etheric level, thus it is a Holistic system of healing. To practice REIKI, no special kind of Faith or Belief is required. It is independent of thoughts, feelings, belief system and faith.

REIKI not only can effect changes in the chemical structure of the body, by helping to regenerate organs and rebuild tissues and bones, it also helps create balance on the mental level. Reiki is a wonderful tool to help one develop conscious awareness, the very key to enlightenment.

Everything in this world is energy & one of the characteristic of energy is to be in state of Equilibrium. When one suffers with an ailment or a mental upset, an imbalance of energy is caused. To work towards a Re-establishment of Equilibrium, when REIKI is made available on the Aura or the physical level, it goes directly into the Chakras, from where it goes to the Endocrine system, which produces Hormones, which in turn keep our body in good health and perfect balance. It helps in removing the toxins and negativity from the body.

REIKI is Divine grace meant for anyone who is open to receiving it. It can not do any damage, since it only flows in the quantities required by the recipient.

REIKI is made available by simply placing one's palms over the recipient's / patient's body.

REIKI effects everyone in a very personal way.

The Usui System of REIKI is not only the most simple and natural healing method we know of, but it is also the most effective way of transferring this Universal Life Energy. Once a person has been opened up to become a "channel" for REIKI, concentrated life energy will flow through his hands on its own accord and he will retain this ability for the rest of his life.

One Unique aspect of REIKI workshop is that each participant is linked to higher levels of energy and a channel for free flow of REIKI gets established through a series of four attunements.

REIKI is a tool for shifting oneself and others, from a world of scarcity to a world of abundance, from a world of vicious circle to a world of virtuous circle.

As most things in life, REIKI must be experienced to be appreciated.

So all you need is positive attitude and the will to be healthy and contented. A new development will take place, leading you to insight and knowledge, to a conscious sense of unity with the whole of creation, and to love.

May your exploration of REIKI be a joyous one!

Book your REIKI session today !!

REIKI supports the body's natural ability to heal itself

REIKI vitalizes both, body and soul

REIKI re-establishes spiritual equilibrium and mental well-being

REIKI functions on all levels, whether mental or spiritual, bodily or emotional

REIKI balances the body's energies

REIKI loosens up blocked energy and promotes a state of total relaxation

REIKI cleanses the body of poisons

REIKI adjusts itself according to the need of recipient

REIKI works with animals and plants

REIKI is an extremely pleasant, holistic method of healing

REIKI is a Japanese term which means Universal Life Force Energy. It is a wholistic healing system and some of the uses of Reiki are:

To heal oneself and others

To contribute to the wellbeing of oneself and others

To dissolve blocks in life

To heal relationships

To use as a support system in life

Some of the features of Reiki are:

Simplicity

Silken Smoothness

Giver and Receiver both benefit

Supports other therapies

Applications include groups, plants and trees, animals, household, business and industry, in animates telephones, TV, vehicles, machinery and equipment.

We, at MEHAK WELLNESS CENTRE, offer REIKI Energy / Healing / ATTUNMENT.

21 sittings completes a cycle. This energy works on the Physical, Emotional, Mental & Karmic levels, helping to activate, balance, correct, restore, and stabilize the energies.

Gentle placement of palms all over the body starting from top to bottom and front to back, is carried out for 30 to 45 minutes. During this time the recipient needs to be lying down, relaxed with closed eyes, enjoying the flow of energy. The Healer would shift the position of palms gradually all over, to activate the energies in every organ of the body. Wherever any energy blocks are felt, the Healer would give a gentle massage to release the same. On completion of passing of energies, energy balancing is done to close the session.

To make the session beneficial certain points need to be followed.

- 1) Drink at least 500 ml. of water (H₂O) before and after the session.**
- 2) Do not eat anything at least for 60 minutes before and after the session.**
- 3) Wear loose cotton clothing, white or any pastel shade.**
- 4) Avoid wearing under garments during the session.**
- 5) Empty all pockets. Remove all metal and leather items from your body.**
- 6) Keep your eyes closed. Preferably take a nap. No talking.**
- 7) Gentle oil application before the session, helps in absorbing the energies better, giving good and faster results.**
- 8) Do not take a bath for at least 60 minutes after the session.**
- 9) Book 21 days in a row for best results.**

REIKI sessions can be taken in person with hands on, or in absentee if not able to visit the centre.

In case of absentee healing, the recipient's photo with full name and date of birth needs to be shared. Energy would be passed through the photo to reach the recipient where ever they are. These sessions last for 30 minutes.

CHAKRA balancing sessions too can be booked. Work is carried on in balancing the chakras.

For those who need to see the performance of their CHAKRAS, could book AURA & CHAKRA panel and get computerized information on their CHAKRAS. This could be followed by balancing of the CHAKRAS.

Further diagnosis and feedback is also available for CHAKRAS, COLOURS, ELEMENTS (EARTH, FIRE, METAL, WATER, WOOD) (YIN & YANG energies).

Our work mainly involves 4 stages- DETOXIFICATION; CHROMOSOME test, to identify hereditary issues, faulty programming; IMMUNITY test, to verify an AUTOIMMUNE angle and finally support with SUPPLEMENTS (AMINO ACIDS, HORMONES, MINERALS and VITAMINS).

REVERSAL OF ALL CONDITIONS, DISEASES, DISORDERS POSSIBLE.

ENERGY EXCHANGE

US\$ 100	Rs. 7,500/-	Computerized Aura, Chakra & Color Scan.
US\$ 200	Rs.15,000/-	Computerized Aura, Chakra & Color Scan with Chakra balancing (RYBG)
US\$ 25	Rs. 1,875/-	Healing per session (30 ~ 45 minutes) (Recommended 21 days)
US\$ 50	Rs. 3,750/-	Healing with Oil application per session (45~60 minutes)
US\$ 10	Rs. 750/-	CHAKRA Balancing / Healing (15 minutes)
US\$ 300	RS.22,500/-	REIKI ATTUNMENT – Level 1 & 11. (Charges are per sitting)

WITH LOVE, LIGHT & REIKI from,
DR. RAJEEV MEHRA
REIKI GRAND MASTER
Traditional Reiki Master
Independent Teacher of Reiki

(BECAUSE WE CARE FOR YOU)

DR. RAJEEV MEHRA recipient of 80+ Excellence Awards

“BEST CANCER SPECIALIST IN ASIA” - 2019

“BEST CANCER SPECIALIST DOCTOR OF THE YEAR” - 2019

“PRIDE OF INDIA” - 2002

Garnered with the highly prestigious “RASHTRIYA RATTAN AWARD” - 2001

“MAN OF THE YEAR” - 1998

MEHAK WELLNESS CENTRE – Awarded

“TOP DIAGNOSTIC CENTRE IN MUMBAI”

AMONGST THE TOP 10 DIAGNOSIS CENTRES IN MUMBAI. MAY 2019. BY SILICONINDIA.COM



REIKI HEALING AND TRAINING

WELLNESS CENTRE
GRAND MASTER
REIKI HEALING AND TRAINING SPECIALIST.

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🐦 /mehakwellness 📘 /MehakWellnessCentre/

MEHAK WELLNESS CENTRE

COMPUTERIZED NADI PARIKSHA

<p>7000 PARAMETERS SCAN IN 5 MINUTES Non Invasive Technique, Safe, No Side Effects, No Pain; Only Gains.</p>	<p>DISEASE TAKES 10 YEARS TO REFLECT ON PHYSICAL EARLY SCAN; CLEAR PROBLEM BEFORE IT REFLECTS ON THE PHYSICAL</p>
<p>AVAIL TEST DURING TEENS, ON MARRIAGE OR IF ON ANY MEDICATION / THERAPY FOR MORE THAN 7 WEEKS.</p>	<p>REMEDY FOR ALL CHALLENGES BEING FACED. WE WORK ON CELLULAR LEVEL AUTO-IMMUNE, CHROMOSOMES & GENETIC IMPRINT.</p>



DR. RAJEEV PRAKASH MEHRA ☎ +91 9773002888

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[mehakthelasthope.com](#) [altmedicines@gmail.com](#)

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EMOTIONAL, MENTAL & PHYSICAL BALANCING WITH REIKI
 ARTIFICIAL INTELLIGENCE TO DETECT AND REPAIR
 REVERSAL OF ALL CONDITIONS, DISEASES, DISORDERS POSSIBLE

MEHAK WELLNESS CENTRE



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PAY DIAGNOSIS PACKAGE FEES as per MRP US\$500 or RS.37,500/-.

(550 x 82 = Rs.45,100)

And be Qualified for the following BENEFITS for 1 full year.

- **UNLIMITED CONSULTATIONS AT 50% CASH DISCOUNT.**
 - **UNLIMITED SUPPLEMENT CHART READINGS AT 50% CASH DISCOUNT.**
 - **UNLIMITED BIOFEEDBACK DIAGNOSIS AT 50% CASH DISCOUNT.**
 - **UNLIMITED BIOFEEDBACK PANEL DIAGNOSIS AT 50% CASH DISCOUNT.**
 - **UNLIMITED QRMA TESTS AT 50% CASH DISCOUNT.**
- **BOOK LIQUIDS FROM PG.1 SUPPLEMENT CHART, ITEMS 1 TO 3,**
 - **BOOK RADIONICS FREQUENCY POTENCIES / FUSION FROM PG.1**
 - **BOOK ITEMS FROM F CATEGORY**
 - **AND BE ELIGIBLE FOR OFFERS - 25% ADDITIONAL PRODUCTS. NO CLUBBING. SEPARATE BILLING FOR THE ABOVE 3 CATEGORIES.**
 - **PAY RS.15,000/- and get PRODUCTS WORTH RS.18,750/-; (25% ADDITIONAL FREE PRODUCTS).**
- OFFERS/DISCOUNTS VALID FOR 1 YEAR FROM DATE OF BIOFEEDBACK DIAGNOSIS.

ADVANTAGES / BENEFITS OF BOOKING A BIOFEEDBACK THERAPY PACKAGE

- 1) CONFIRMED SLOT BOOKING.
 - 2) DISCOUNTS APPLICABLE.
 - 3) EXTENDED TIME BEYOND 45 MINUTES PER SITTING IF REQUIRED.
 - 4) US\$50; INR 3,750/- DISCOUNT PER SITTING. (~~INR22,500/-~~ / INR18,750/-)
 - 5) PREPAID GIFT VOUCHERS OF RS.5,000/- WITH 50% VALUE ADDITION CAN BE AVAILED. VOUCHER VALUE RS.7,500/- YOU PAY RS.5,000/- . RS.2,500/- VALUE ADDITION.
- Package valid only when full payment is cleared in advance by CASH, GPAY or NEFT.
 - Any amount other than MRP needs to be cleared by CASH only.
GPAY – 97730 02888.
NEFT – HDFC BANK LTD., VERSOVA, ANDHERI (W) branch, Mumbai – 400 061.
IFSC: HDFC0000666 favoring “RAJEEV MEHRA” Savings A/C No. “06661930001141”.

NOTE:

- 1) **FULL AMOUNT TO BE CLEARED IN ADVANCE; AND SLOT BOOKING – DAY, DATE, TIME CONFIRMED.**
- 2) **ORDERS / SERVICES / THERAPIES ONCE BOOKED CANNOT BE CANCELLED.**
- 3) **NO REFUND. NO CANCELLATION. NO ADJUSTMENT.**
- 4) **ONCE SLOTS ARE CONFIRMED FOR THERAPY NO CHANGES OR POSTPONEMENT POSSIBLE.**
- 5) **AS PRODUCTS ARE PROCURED FROM DIFFERENT VENDORS 10 TO 15 DAYS TIME MAY BE TAKEN TO RECEIVE THE SAME. IN CASE OF NON AVAILABILITY OF CERTAIN PRODUCTS, OPTIONS WOULD BE GIVEN, TO COMPLETE THE ORDER.**
- 6) **IN-HOUSE PRODUCTS WOULD BE ISSUED AS PER THE SCHELUDE.**
- 7) **ALL SUPPORTIVE THERAPIES WOULD NEED TO BE COMPLETED BEFORE THE END OF THE MAIN THERAPY. ON THE LAST DAY OF THE MAIN THERAPY ALL OTHER SUPPORTIVE THERAPIES WOULD STAND TERMINATED.**
- 8) **THERAPY PACKAGE VALIDITY IS FOR 4 WEEKS / 30 DAYS / MONDAY TO FRIDAY. NO EXTENTION.**

RS.7,500/- VALUE GIFT VOUCHERS

TERMS & CONDITIONS:

1. Offer to purchase GIFT VOUCHERS, exchange value Rs.7,500/-, by paying Rs.5,000/-. 50% Value Addition. Multiple vouchers can be purchased. Pay Rs.5,000/- per voucher of exchange value of Rs.7,500/-.
2. GIFT VOUCHERS, would be applied on the MRP values.
3. Full value to be utilized in a single order / invoice / single use. One time Validation.
4. Validity of the GIFT VOUCHER is 1 month, 30 days, starting from the 1st of next month. So valid for a month starting from 1st till the 30TH.
5. Not valid in the month of purchase. GIFT VOUCHERS purchased in the previous month are eligible for use from the 1ST to the 30TH of the following month.
6. 30 days of activation. Valid for a single case / person / package only.
7. No Cash Value, No Cancellation, No Refund, No Alteration, No time extension would be entertained. Being a discounted GIFT VOUCHER, once booked has to be used in the following / next month of purchase.
8. GIFT VOUCHER, can be redeemed for THERAPIES and IN-HOUSE products only.
9. All therapies are offered in the clinic. Products need to be collected from the clinic.
10. No cash compensation for lesser value utilized. Excess purchase to be paid in CASH.
11. Unused GIFT VOUCHERS, on the 30TH of the following month would stand as NULL & VOID. NO revalidation under any circumstances.
12. GIFT VOUCHERS may be purchased by CASH, GPAY or NEFT.
GPAY – 97730 02888.
NEFT – HDFC BANK LTD., VERSOVA, ANDHERI (W) branch, Mumbai – 400 061.
IFSC: HDFC0000666 favoring “RAJEEV MEHRA” Savings A/C No. “06661930001141”.

13. Reserve your Dates / Slots well in advance, to get confirmed booking.

Details of the Purchaser and the Beneficiary need to be submitted at the time of purchasing the GIFT VOUCHER. (Name, DOB, Contact details)

Purchaser is someone who has agreed to promote this Science. Doctors, Health Practitioners, Promoters, Persons propagating for the Centre.

This OFFER is open for In House Registered patients and for persons passing references to promote Alternative Medicines.

Doctors, Health Practitioners, Naturopaths and all those interested to join our mission – “GOOD HEALTH FOR ALL” are invited.

Delivery time may vary from 3 to 7 days for all IN-HOUSE PRODUCTS. Order once placed, the same need to be collected within 10 days.

COLLOIDAL SILVER WATER – Rs.1,875/- per Litre.

1000 ml. / 4000 ml. REFILLS. Amber Glass Bottles to be purchased @ Rs.100/- / 300/- each.

ANTI-OXIDANT HYDROGEN RICH WATER – Rs.300/- per Litre. 1000 ml. plastic bottles.

ALKALINE KANGEN WATER – 2.5 pH; 5.5 pH; 7 pH; 8.5 pH; 9.0 pH; 9.5 pH; 11.5pH.

1000 ml. / 5000 ml. REFILLS. 1000 ml. plastic bottles. 5000 ml. imported plastic Kangen bags @ Rs.1,300/-

EYE WASH / SKIN COOLANT – Rs.300/- per Litre. 1000 ml. plastic bottles.

Carry your own containers. 5 litre imported foldable Plastic Kangen bags @ Rs.1,300/-.

All Liquids as REFILLS. 1000 ml. plastic bottles @ Rs.50/-. Bottle cost to settle in CASH.

RADIONICS medication / pills are available in Single bottle, Mini kit - 5 bottles, Regular kit - 10 bottles, CANCER kits – 20 bottles. Minimum order accepted / supply is for 1 month.

FUSION – A combination of AYURVEDIC / HERBAL with FREQUENCIES. Rs.2,250/- 60 nos.