

MEHAK WELLNESS CENTRE

(BIOFEEDBACK & STRESS MANAGEMENT)
ISO 9001:2015

123, ARAM NAGAR PART - 1, FISHERIES UNIVERSITY ROAD, ANDHERI WEST, MUMBAI - 400 061. INDIA WhatsApp: +91 90042 78288 E Mail: altmedicines@gmail.com Call & WhatsApp: +91 97730 02888 mehakwellnesscentre.business.site www.mehakthelasthope.com

DR. RAJEEV MEHRA - N.D.; M.D. (A.M.); GOLD MEDALIST; REIKI GRAND MASTER
COMPUTERIZED NADI PARIKSHA / BIOFEEDBACK THERAPIST
BEST CANCER SPECIALIST OF THE YEAR 2023.
In 2001 garnered with the highly prestigious "RASHTRIYA RATTAN AWARD"
Globally Renowned Best CANCER Treatment Specialist through

"Globally Renowned Best CANCER Treatment Specialist through Genetic and Auto Immune Correction."

.....

13

DIABETES MANAGEMENT

NON-INVASIVE DIAGNOSIS AND TREATMENT FOR DIABETES

Also called - DIABETES MELLITUS.

A group of diseases that result in too much sugar in the blood (high blood glucose).

Diabetes mellitus (DM), commonly referred to as diabetes, is a group of metabolic disorders in which there are high blood sugar levels over a prolonged period. Symptoms of high blood sugar include frequent urination, increased thirst, and increased hunger. If left untreated, diabetes can cause many complications. Acute complications can include diabetic ketoacidosis, hyperosmolar hyperglycemic state, or death. Serious long-term complications include cardiovascular disease, stroke, chronic kidney disease, foot ulcers, and damage to the eyes.

Diabetes is due to either the pancreas not producing enough insulin or the cells of the body not responding properly to the insulin produced.

There are three main types of diabetes mellitus

Type 1 diabetes

A chronic condition in which the pancreas produces little or no insulin.

The body does not produce insulin. Some people may refer to this type as insulindependent diabetes, juvenile diabetes, or early-onset diabetes. People usually develop type 1 diabetes before their 40th year, often in early adulthood or teenage years. Approximately 10% of all diabetes cases are type 1. These patients will need to take insulin injections for the rest of their life. They must also ensure proper blood-glucose levels by carrying out regular blood tests and following a special diet.

Type 2 diabetes

A chronic condition that affects the way the body processes blood sugar (glucose).

The body does not produce enough insulin for proper function, or the cells in the body do not react to insulin (insulin resistance). Approximately 90% of all cases of diabetes worldwide are type 2. Some people may be able to control their type 2 diabetes symptoms by losing weight, following a healthy diet, doing plenty of exercise, and monitoring their blood glucose levels. However, type 2 diabetes is typically a progressive disease - it gradually gets worse - and the patient will probably end up have to take insulin, usually in tablet form.

Overweight and obese people have a much higher risk of developing type 2 diabetes compared to those with a healthy body weight. People with a lot of visceral fat, also known as central obesity, belly fat, or abdominal obesity, are especially at risk. Being overweight / obese causes the body to release chemicals that can destabilize the body's cardiovascular and metabolic systems. Being overweight, physically inactive and eating the wrong foods all contribute to our risk of developing type 2 diabetes.

Gestational diabetes

A form of high blood sugar affecting pregnant women.

This type affects females during pregnancy. Some women have very high levels of glucose in their blood, and their bodies are unable to produce enough insulin to transport all of the glucose into their cells, resulting in progressively rising levels of glucose. Diagnosis of gestational diabetes is made during pregnancy.

Prediabetes

A condition in which blood sugar is high, but not high enough to be type 2 diabetes.

The vast majority of patients with type 2 diabetes initially had prediabetes. Their blood glucose levels where higher than normal, but not high enough to merit a diabetes diagnosis. The cells in the body are becoming resistant to insulin. Studies have indicated that even at the prediabetes stage, some damage to the circulatory system and the heart may already have occurred.

DIABETES, often referred to by doctors as diabetes mellitus, describes a group of metabolic diseases in which the person has high blood glucose (blood sugar), either because insulin production is inadequate, or because the body's cells do not respond properly to insulin, or both. Patients with high blood sugar will typically experience polyuria (frequent urination), they will become increasingly thirsty (polydipsia) and hungry (polyphagia).

DIABETES (Diabetes Mellitus) is classed as a metabolism disorder. Metabolism refers to the way our bodies use digested food for energy and growth. Most of what we eat is broken down into glucose. Glucose is a form of sugar in the blood - it is the principal source of fuel for our bodies.

The most common signs and symptoms of diabetes are:

- Blurred vision
- Cuts and bruises don't heal properly or quickly
- Disproportionate thirst
- Frequent gum disease / infection
- Frequent urination
- Gastro problems Abdominal pain, Nausea, Vomiting
- Gums are red and / or swollen Gums pull away from teeth
- Increased fatique
- Intense hunger
- Irritability
- Itchy skin
- More skin and / or yeast infections
- Numbness or tingling, especially in feet and hands
- Sexual dysfunction among men
- Unusual weight loss
- Weight gain

2

WHAT WE DO & WHAT WE DO NOT DO:

1. WE DO NOT DIAGNOSE:

We assess, measure, determine or evaluate a condition.

2. WE DO NOT PRESCRIBE:

We recommend, suggest, advice or offer options to alleviate the condition.

3. WE DO NOT TREAT:

We work with, release, normalize, relieve, balance or remedy a condition.

4. WE DO NOT CURE:

We alleviate, balance, improve, correct or normalize a condition.

5. WE DO NOT Use the word "DISEASE":

We use condition, problem or imbalance.

6. WE DO NOT MAKE CLAIMS OR PROMISES:

We explain that health is an individual matter with many approaches to healing and no guarantees. It is our job to educate our clients so that they are more in control of their own health.

•

Our work involves to DE-STRESS all concerned areas, causing an imbalance, leading to Diseases / Disorders. We work to MANAGE STRESS, to help the system function normally. Our work pattern is to DETOXIFY the system. Support it with ESSENTIAL SUPPLEMENTS & FREQUENCY ENERGIES. And finally, provide CORRECTIVE FREQUENCIES, to restore balance in the system. We strongly believe in "BODY HEALS ITSELF".

We very well know, at initial stages there are no symptoms. It can be diagnosed only when revealed on the physical. But by then it is too late.

Normally we wait for the damage to get concrete, experience the discomfort and pain, before we address it. In modern science, help is rendered only when the problem is diagnosed. Diagnosis is possible only after signs of physical damage. By this time the damage is already done and reversal is not possible. With the help of allopathy, we only reduce the impact, or work on reducing the pains and discomfort, but never rectify the situation. There is no work done to reverse the damage or to correct the situation and causes, for it not to repeat again. Whereas in BIOFEEDBACK, we are in a position to assess the situation and correct it, much before the damage starts. As the Diagnosis and Therapy involves work on the cellular level, and corrections on GENETIC & AUTO IMMUNE system, we are in a position to identify the oncoming disease / disorder and offer remedy for the same.

We, at MEHAK WELLNESS CENTRE, under the expertise of DR. RAJEEV MEHRA, a GOLD MEDALIST & REIKI GRAND MASTER offer NON-INVASIVE Diagnosis on State of the Art, latest 21st Century technology to verify the onset or presence of DIABETES.

We, run a complete 7000 parameter test which includes AUTO IMMUNE disorders and CHROMOSOMES and issues related to GENETIC disturbances, thus are in a position to guide the client of a future onset, or presence of DIABETES and areas where damage has taken place due to Diabetes.

The test thus helps us in taking preventive measures for the disease much before it can show up on the regular physical tests.

With vast experience of over 35 years, working with CANCER and DIABETES patients and being awarded with 80+ Certificates & Awards – DR. RAJEEV MEHRA is confident of handling these cases, to guide patients to manage this issue comfortably.

We conduct a test to reveal the Genetic component involved in this disease. On having the results for the AUTO IMMUNE, CHROMOSOMES, GENES and DIABETES specific areas, we are in a position to assess the damage done or possible damage in the near future.

Our work is NON-INVASIVE. We work with BIOFEEDBACK and RADIONICS. Diabetes may be of any type or has done a damage in any part of the system, makes no difference, the therapy remains the same – to balance and rectify.

Being in NON-INVASIVE stream, we do not recommend wait and watch policy to finally start on Insulin. As far as possible we advise to avoid Insulin and start corrective measures.

We recommend a BIOFEEDBACK test for every person having a family history for DIABETES. Down the line the disease will show up for almost all. A test as early as, during teens or before crossing the age of 18 years is recommended. Test could reveal the probability of getting diabetes / imbalance in the sugar metabolism, in the present life span. Here we balance the condition with certain Minerals and Hormones, thus making sure to delay the onset of Diabetes and blocking the damages it would be causing.

Basic cause of DIABETES is mainly due to GENETIC factors, thus by working on the root cause and stabilizing the GENES, CHROMOSOMES, AUTO-IMMUNE disorders and all parameters related with DIABETES, we are in a position to manage the situation, without any side effects or danger to client's life. Today the main cause is the lifestyle, and the food intake. These form the basis for irreparable conditions.

Of 46 CHROMOSOMES, 13 CHROMOSOMES are responsible for an onset of DIABETES, and 10 for PANCREAS support. An imbalance in these would lead to DIABETES. Thus unless these are not worked upon, a permanent resolution to DIABETES may never come in.

Lack of Supplements too are responsible for an onset of DIABETES. We need to balance the vital supplements required for a proper functioning of the Pancreas. Special attention is focused on balancing the Amino Acids, Hormones, Minerals and Vitamins.

Causes for DIABETES are plenty, hereditary, genetic, autoimmune, food intake, lifestyle, stress etc. All issues are taken into account for correction along with other related issues instigating / provoking / supporting Diabetes.

In INDIA, DIABETES was being diagnosed around the age of 40 years. Now with the changes in lifestyle it is being diagnosed as early as 30+ and even in children. With the help of BIOFEEDBACK, we are in a position to detect it, while in teens and offer solution for a complete eradication or minimizing the effects to live a normal life.

Our work mainly involves 4 stages- DETOXIFICATION; CHROMOSOME test, to identify hereditary issues, faulty programming; IMMUNITY test, to verify an AUTOIMMUNE angle and finally support with SUPPLEMENTS (AMINO ACIDS, HORMONES, MINERALS and VITAMINS).

REVERSAL OF DIABETES POSSIBLE. DIABETES IS CURABLE.

REVERSAL OF ALL CONDITIONS, DISEASES, DISORDERS POSSIBLE.

We advise to COMPLEMENT our services, with the ongoing therapies / treatment for better and faster results.

We strongly recommend DETOX procedure, along with IMMUNITY and DIETARY SUPPLEMENTS. This should be started immediately. COLLOIDAL SILVER WATER, ANTIOXIDANT HYDROGEN RICH WATER, ATOMY HEMOHIM and VITAMIN C and use of ZAPPER. Not to forget WHEATGRASS JUICE. RADIONICS and RIFE FREQUENCIES for basic corrections. Start immediately on the RADIONICS maintenance kit. HERBAL NUTRITION STEMCELL booster for speedy recovery. NON-INVASIVE therapy is administered, which could take 18 to 72 sittings of BIOFEEDBACK therapy to resolve most issues depending on the individual's resistance from within and the body's ability to HEAL.

NON-INVASIVE THERAPIES FOR DIABETES WE SUPPORT IN DIABETES MANAGEMENT

BLOOD SUGAR, DIABETES AND PANCREAS MANAGEMENT

Rs. 1,875/- (US\$ 25) Consultation

Rs.37,500/- (US\$ 500) Diagnosis Package (Includes Consultation, Supplement Report, Biofeedback Diagnosis & QRMA)

Rs.30,000/- (US\$ 400) Complete 7,000 parameter Test (MUST) [SECOND OPINION]

Rs.22,500/- (US\$ 300) Biofeedback Therapy

Rs.15.000/- (US\$ 200) Biofeedback Panel

(HORMONAL BALANCING; DIGESTIVE; AMINO ACID / MINERAL / VITAMIN BALANCING)

(US\$ 100) Biofeedback Panel Diagnosis Rs. 7.500/-

> (DETOXIFICATION; HORMONAL; DIGESTIVE; NUTRITIONAL PROFILE) (Charges are per sitting)

Cost of other related Therapies, Detoxification & Supplements / Frequency medication is recommended in the Supplement Chart. Book your SUPPLEMENT CHART for details.

(12 weeks of Therapy with 24 weeks of Supplements, helps in balancing most issues.)

[Clients booking DIAGNOSIS PACKAGE on MRP would be termed as REGISTERED IN HOUSE CLIENTS. They would be entitled for preference in booking sessions and 50% Discount on further Consultation and Diagnosis for 1 year; and In House Products & Premium Products at 25% Value Addition.

Maintain a Security Deposit of Rs.12,000/-. Clients without maintaining Security Deposit, need to Pre-Book your Products / Sessions a week / 7 days in advance with Full CASH payment.

Book minimum 18 sittings, to avail DISCOUNT.

BUY PRE PAID GIFT VOUCHERS OF RS.5,000/-, GET 50% VALUE ADDITION. [RS.7,500/- WORTH SERVICES]

DR. RAJEEV MEHRA recipient of 80+ Excellence Awards

"BEST CANCER SPECIALIST IN ASIA" - 2019

"BEST CANCER SPECIALIST DOCTOR OF THE YEAR" - 2019

"PRIDE OF INDIA" - 2002

Garnered with the highly prestigious "RASHTRIYA RATTAN AWARD" - 2001 **"MAN OF THE YEAR" - 1998**

MEHAK WELLNESS CENTRE - Awarded

"TOP DIAGNOSTIC CENTRE IN MUMBAI"

AMONGST THE TOP 10 DIAGNOSIS CENTRES IN MUMBAI. MAY 2019. BY SILICONINDIA.COM

Guide to Package selection HOW TO CHOOSE YOUR PACKAGE:

1) 18 sittings of BIOFEEDBACK, with minimum 6 sittings of Panels.

Recommended as Maintenance for all. Persons who suspect any disease or with a family history of diseases, discomforts should opt for this Package. Disease/Disorder yet not revealed in medical tests.

2) 36 sittings of BIOFEEDBACK, with minimum 12 sittings of Panels.

Recommended for all who have been diagnosed with any major disease, or having severe discomfort. For all those who have not been able to have a control over their disease / condition within 7 weeks of taking medication / Therapy. Patients Diagnosed with CANCER, or any Chronic Disease should start with this Package immediately. For CANCER patients, if Chemo-Therapy or Radiation has been suggested, they should take this first before starting any INVASIVE procedures.

3) 54 sittings of BIOFEEDBACK, with minimum 18 sittings of Panels.

Recommended in all cases where any Invasive procedure has been started. For all cases where Chemo-Therapy, Radiation or any external support has been undertaken this Package would be required. (Insulin in case of Diabetes.)

4) 72 sittings of BIOFEEDBACK, with minimum 24 sittings of Panels.

Recommended for all RELAPSE cases. If any Disease has reoccurred after a complete treatment, this Package would be required. In case of CANCER, clients who find a further need of Chemo-Therapy or Radiation after their first set, need to start on this Package immediately.

5) 90 sittings of BIOFEEDBACK with minimum 30 sittings of Panels.

METASTASIS. 4TH stage CANCER. Relapse, spreading to other organs.

In cases where the CANCER cells are no more bound to a particular area / organ, and have been spreading to other areas. Presence of CANCER in multiple areas / more than 1, would need to get started with this package.

GENETIC & AUTO IMMUNE disorder cases would need minimum 54 sittings. (3 cycles)

Diagnosis & Therapy on GENETIC & AUTO IMMUNE levels are recommended for Diseases / Disorders which do not stand rectified in a time frame of 7 days to 7 weeks with your ongoing medication / therapy.





MEHAK WELLNESS CENTRE



(BIOFEEDBACK & STRESS MANAGEMENT)
ISO 9001:2015

123, ARAM NAGAR PART - 1, FISHERIES UNIVERSITY ROAD, ANDHERI WEST, MUMBAI - 400 061. INDIA WhatsApp: +91 90042 78288 E Mail: altmedicines@gmail.com Call & WhatsApp: +91 97730 02888 mehakwellnesscentre.business.site www.mehakthelasthope.com

PAY DIAGNOSIS PACKAGE FEES as per MRP US\$500 or RS.37,500/-.

 $(550 \times 82 = Rs.45,100)$

And be Qualified for the following BENEFITS for 1 full year.

- UNLIMITED CONSULTATIONS AT 50% CASH DISCOUNT.
- UNLIMITED SUPPLEMENT CHART READINGS AT 50% CASH DISCOUNT.
- UNLIMITED BIOFEEDBACK DIAGNOSIS AT 50% CASH DISCOUNT.
- UNLIMITED BIOFEEDBACK PANEL DIAGNOSIS AT 50% CASH DISCOUNT.
- UNLIMITED QRMA TESTS AT 50% CASH DISCOUNT.
- BOOK LIQUIDS FROM PG.1 SUPPLEMENT CHART, ITEMS 1 TO 3,
- BOOK RADIONICS FREQUENCY POTENCIES / FUSION FROM PG.1
- BOOK ITEMS FROM F CATEGORY
- AND BE ELIGIBLE FOR OFFERS 25% ADDITIONAL PRODUCTS. NO CLUBBING. SEPARATE BILLING FOR THE ABOVE 3 CATEGORIES.
- PAY RS.15,000/- and get PRODUCTS WORTH RS.18,750/-; (25% ADDITIONAL FREE PRODUCTS).
- OFFERS/DISCOUNTS VALID FOR 1 YEAR FROM DATE OF BIOFEEDBACK DIAGNOSIS.

ADVANTAGES / BENEFITS OF BOOKING A BIOFEEDBACK THERAPY PACKAGE

- 1) CONFIRMED SLOT BOOKING.
- 2) DISCOUNTS APPLICABLE.
- 3) EXTENDED TIME BEYOND 45 MINUTES PER SITTING IF REQUIRED.
- 4) US\$50; INR 3,750/- DISCOUNT PER SITTING. (INR22,500/- / INR18,750/-)
- 5) PREPAID GIFT VOUCHERS OF RS.5,000/- WITH 50% VALUE ADDITION CAN BE AVAILED. VOUCHER VALUE RS.7,500/- YOU PAY RS.5,000/-. RS.2,500/- VALUE ADDITION.
- · Package valid only when full payment is cleared in advance by CASH, GPAY or NEFT.
- Any amount other than MRP needs to be cleared by CASH only.

GPAY - 97730 02888.

NEFT - HDFC BANK LTD., VERSOVA, ANDHERI (W) branch, Mumbai - 400 061.
IFSC: HDFC0000666 favoring "RAJEEV MEHRA" Savings A/C No. "06661930001141".

NOTE:

- 1) FULL AMOUNT TO BE CLEARED IN ADVANCE; AND SLOT BOOKING DAY, DATE, TIME CONFIRMED.
- 2) ORDERS / SERVICES / THERAPIES ONCE BOOKED CANNOT BE CANCELLED.
- 3) NO REFUND. NO CANCELLATION. NO ADJUSTMENT.
- 4) ONCE SLOTS ARE CONFIRMED FOR THERAPY NO CHANGES OR POSTPONEMENT POSSIBLE.
- 5) AS PRODUCTS ARE PROCURED FROM DIFFERENT VENDORS 10 TO 15 DAYS TIME MAY BE TAKEN TO RECEIVE THE SAME. IN CASE OF NON AVAILABILITY OF CERTAIN PRODUCTS, OPTIONS WOULD BE GIVEN, TO COMPLETE THE ORDER.
- 6) IN-HOUSE PRODUCTS WOULD BE ISSUED AS PER THE SCHELUDE.
- 7) ALL SUPPORTIVE THERAPIES WOULD NEED TO BE COMPLETED BEFORE THE END OF THE MAIN THERAPY. ON THE LAST DAY OF THE MAIN THERAPY ALL OTHER SUPPORTIVE THERAPIES WOULD STAND TERMINATED.
- 8) THERAPY PACKAGE VALIDITY IS FOR 4 WEEKS / 30 DAYS / MONDAY TO FRIDAY. NO EXTENTION.

RS.7,500/- VALUE GIFT VOUCHERS

TERMS & CONDITIONS:

- 1. Offer to purchase GIFT VOUCHERS, exchange value Rs.7,500/-, by paying Rs.5,000/-. 50% Value Addition. Multiple vouchers can be purchased. Pay Rs.5,000/- per voucher of exchange value of Rs.7.500/-.
- 2. GIFT VOUCHERS, would be applied on the MRP values.
- 3. Full value to be utilized in a single order / invoice / single use. One time Validation.
- 4. Validity of the GIFT VOUCHER is 1 month, 30 days, starting from the 1st of next month. So valid for a month starting from 1st till the 30TH.
- 5. Not valid in the month of purchase. GIFT VOUCHERS purchased in the previous month are eligible for use from the 1ST to the 30TH of the following month.
- 6. 30 days of activation. Valid for a single case / person / package only.
- 7. No Cash Value, No Cancellation, No Refund, No Alteration, No time extension would be entertained. Being a discounted GIFT VOUCHER, once booked has to be used in the following / next month of purchase.
- 8. GIFT VOUCHER, can be redeemed for THERAPIES and IN-HOUSE products only.
- 9. All therapies are offered in the clinic. Products need to be collected from the clinic.
- 10. No cash compensation for lesser value utilized. Excess purchase to be paid in CASH.
- 11. Unused GIFT VOUCHERS, on the 30TH of the following month would stand as NULL & VOID. NO revalidation under any circumstances.
- 12. GIFT VOUCHERS may be purchased by CASH, GPAY or NEFT.

GPAY - 97730 02888.

NEFT - HDFC BANK LTD., VERSOVA, ANDHERI (W) branch, Mumbai - 400 061.

IFSC: HDFC0000666 favoring "RAJEEV MEHRA" Savings A/C No. "06661930001141".

13. Reserve your Dates / Slots well in advance, to get confirmed booking.

Details of the Purchaser and the Beneficiary need to be submitted at the time of purchasing the GIFT VOUCHER. (Name, DOB, Contact details)

Purchaser is someone who has agreed to promote this Science. Doctors, Health Practitioners, Promoters, Persons propagating for the Centre.

This OFFER is open for In House Registered patients and for persons passing references to promote Alternative Medicines.

Doctors, Health Practitioners, Naturopaths and all those interested to join our mission – "GOOD HEALTH FOR ALL" are invited.

Delivery time may vary from 3 to 7 days for all IN-HOUSE PRODUCTS. Order once placed, the same need to be collected within 10 days.

COLLOIDAL SILVER WATER - Rs.1,875/- per Litre.

1000 ml. / 4000 ml. REFILLS. Amber Glass Bottles to be purchased @ Rs.100/- / 300/- each.

ANTI-OXIDANT HYDROGEN RICH WATER - Rs.300/- per Litre. 1000 ml. plastic bottles.

ALKALINE KANGEN WATER - 2.5 pH; 5.5 pH; 7 pH; 8.5 pH; 9.0 pH; 9.5 pH; 11.5pH.

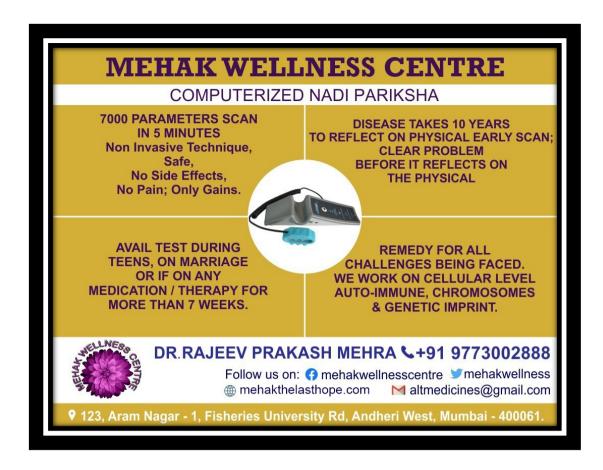
1000 ml. / 5000 ml. REFILLS. 1000 ml. plastic bottles. 5000 ml. imported plastic Kangen bags @ Rs.1,300/-

EYE WASH / SKIN COOLANT - Rs.300/- per Litre.

1000 ml. plastic bottles.

Carry your own containers. 5 litre imported foldable Plastic Kangen bags @ Rs.1,300/-. All Liquids as REFILLS. 1000 ml. plastic bottles @ Rs.50/-. Bottle cost to settle in CASH.

RADIONICS medication / pills are available in Single bottle, Mini kit - 5 bottles, Regular kit - 10 bottles, CANCER kits - 20 bottles. Minimum order accepted / supply is for 1 month. FUSION - A combination of AYURVEDIC / HERBAL with FREQUENCIES. Rs.2,250/- 60 nos.



REVERSAL OF DIABETES POSSIBLE. DIABETES MANAGEMENT

REVERSAL OF ALL CONDITIONS, DISEASES, DISORDERS POSSIBLE

