

GOVIND MADHAV DIABETIC TEA

27 HERBS – BOTANICAL + ENGLISH NAMES

Aegle marmelos, (Stone apple), **Azadirachta indica**, (Indian lilac), **Berberis aristata**, (Indian barberry), **Boerhavia diffusa**, (Hogweed), **Cinnamomum tamala**, (Indian cassia), **Cinnamomum zeylanicum**, (Chinese cassia), **Cyperus rotundus**, (Nut grass), **Emblica officinalis**, (Indian gooseberry), **Gymnema Sylvestre**, (Miracle Plant), **Hibiscus rosa-sinensis**, (China rose), **Inula racemosa**, (Elicampane), **Momordica charantia**, (Bitter gourd), **Nigella sativa**, (Black seed), **Picrorhiza kurrooa**, (Yellow gentian), **Plumbago zeylanica**, (Leadwort), **Pterocarpus marsupium**, (Malabar kino), **Rubia cardifolia**, (Indian madder), **Swertia chirayita**, (Bitter Stick), **Syzygium cumini**, (Black plum), **Terminalia bellerica**, (Belleric myrrobalan), **Terminalia chebula**, (Chebulic myrrobalan), **Tinospora cardifolia**, (Heart-leaved moonseed), **Trigonella foenum-graecum**, (Fenugreek), **Vachellia nilotica**, (Indian gum Arabic tree), **Withania coagulans**, (Indian rennet), **Withania somnifera** (Winter cherry), **Zingiber officinale** (Ginger).

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4. **Boerhavia diffusa**, (Hogweed),
5. **Cinnamomum tamala**, (Indian cassia),
6. **Cinnamomum zeylanicum**, (Chinese cassia),
7. **Cyperus rotundus**, (Nut grass),
8. **Emblica officinalis**, (Indian gooseberry),
9. **Gymnema Sylvestre**, (Miracle Plant),
10. **Hibiscus rosa-sinensis**, (China rose),
11. **Inula racemosa**, (Elicampane),
12. **Momordica charantia**, (Bitter gourd),
13. **Nigella sativa**, (Black seed),
14. **Picrorhiza kurrooa**, (Yellow gentian),
15. **Plumbago zeylanica**, (Leadwort),
16. **Pterocarpus marsupium**, (Malabar kino),
17. **Rubia cardifolia**, (Indian madder),
18. **Swertia chirayita**, (Bitter Stick),
19. **Syzygium cumini**, (Black plum),

20. **Terminalia bellerica**, (Belleric myrrobalan),
21. **Terminalia chebula**, (Chebulic myrrobalan),
22. **Tinospora cardifolia**, (Heart-leaved moonseed),
23. **Trigonella foenum-graecum**, (Fenugreek),
24. **Vachellia nilotica**, (Indian gum Arabic tree),
25. **Withania coagulans**, (Indian rennet),
26. **Withania somnifera** (Winter cherry).
27. **Zingiber officinale** (Ginger).