

GOVIND MADHAV GINGER TEA

14 HERBS – BOTANICAL + ENGLISH + HINDI NAMES

Caryophyllus aromaticus (Lavanga, Cloves), **Cinnamomum tamala** (Tejpatra, Indian cassia), **Cinnamomum zeylanicum** (Dalchini, Chinese cassia), **Cyperus rotundus** (Nagarmotha, Nut grass), **Elettaria cardamomum** (Elaichi chhoti, Cardamom), **Foeniculum vulgare** (Saunf, Indian sweet fennel), **Glycyrrhiza glabra** (Yashtimadhu, Liquorice), **Mentha arvensis** (Pudina, Mint), **Piper nigrum** (Kali mirich, Black pepper), **Pterocarpus santalinus** (Rakta chandan, Red sandalwood), **Rosa damascena** (Gulab ke phool, Rose petals), **Rubia cordifolia**, (Manjishta, Indian madder), **Withania somnifera** (Ashwagandha, Winter cherry), **Zingiber officinale** (Saunth, Ginger).

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