



MEHAK WELLNESS CENTRE

(BIOFEEDBACK & STRESS MANAGEMENT)

ISO 9001:2015

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DR RAJEEV PRAKASH MEHRA N.D.; M.D. (A.M.); GOLD MEDALIST; REIKI GRAND MASTER

Recipient of Awards in 2020

“Globally Renowned Best CANCER Treatment Specialist through Genetic and Auto Immune Correction.”

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TELOMERE

NON-INVASIVE DIAGNOSIS AND TREATMENT FOR TELOMERE.
WE REPAIR.

A compound structure at the end of a chromosome.

Telomeres **may be one key to the aging process. Telomeres protect our DNA by acting as buffers at the ends of chromosomes. They have been compared to the plastic caps on shoelaces that keep the lace from fraying. Telomeres function as shoelace caps do, but they protect genes instead of shoelaces.**

Telomeres **are an essential part of human cells that affect how our cells age. Telomeres are the caps at the end of each strand of DNA that protect our chromosomes, like the plastic tips at the end of shoelaces. Without the coating, shoelaces become frayed until they can no longer do their job, just as without telomeres, DNA strands become damaged and our cells can't do their job.**

In any living organism, aging is the result of the decrease in the number and / or function of cells. Every time cells replicate, telomeres shorten until they reach a point where the cells can no longer divide properly. Cells with such short telomeres usually become senescent or enter apoptosis, and eventually die. Therefore, telomere length is a crucial biomarker providing insight into understanding organismal aging.

A telomere is a region of repetitive nucleotide sequences at each end of a chromosome, which protects the end of the chromosome from deterioration or from fusion with neighboring chromosomes. In humans, average telomere length declines from about 11 kilobases at birth to less than 4 kilobases in old age, with average rate of decline being greater in men than in women.

During chromosome replication, the enzymes that duplicate DNA cannot continue their duplication all the way to the end of a chromosome, so in each duplication the end of the chromosome is shortened. The telomeres are disposable buffers at the ends of chromosomes which are truncated during cell division; their presence protects the genes before them on the chromosome from being truncated instead.

Over time, due to each cell division, the telomere ends become shorter. They are replenished by an enzyme, telomerase reverse transcriptase.

Observational studies have found shortened telomeres in many CANCERS including Pancreatic, Bone, Prostate, Bladder, Lung, Kidney, and Head & Neck. In addition, people with many types of Cancers have been found to possess shorter leukocyte telomeres than healthy controls. However the increase in risk varies by age, sex, tumor type and differences in lifestyle factors.

Some of the same lifestyle factors which increase risk of developing CANCER have also been associated with shortened telomeres: including stress, smoking, physical inactivity and diet high in refined sugars. Diet and physical activity influence inflammation and oxidative stress. These factors are thought to influence telomere maintenance. Psychologic stress has also been linked to accelerated cell aging, as reflected by decreased telomerase activity and short telomeres. It has been suggested that a combination of lifestyle modifications, including healthy diet, exercise and stress reduction, have the potential to increase telomere length, reverse cellular aging, and reduce the risk for aging-related diseases.

TELOMERASE, the enzyme complex responsible for elongating telomeres through the addition of telomere repeats to the ends of chromosomes, is activated in approximately 80% of TUMORS.

We very well know, at initial stages there are no symptoms. Diagnosis for telomere is not available at all. Shorting of the Telomere can damage our DNA. So only when major disorders are reported, we would understand the value of healthy Telomers. At this point of time we would value the need for TELOMERE repair. But by then it is too late.

We, at MEHAK WELLNESS CENTRE, under the expertise of DR RAJEEV PRAKASH MEHRA, a GOLD MEDALIST & REIKI GRAND MASTER offer NON-INVASIVE Diagnosis on State of the Art, latest 21st Century technology to verify the TELOMERE's presence in our system. We are in a position to diagnose and treat for TELOMERE.

This can be diagnosed much before any other modern science equipment / test could diagnose.

MEHAK WELLNESS CENTER, is the only specialized Centre in INDIA to offer NON-INVASIVE TELOMERE Diagnosis and Repair.

Our work is NON-INVASIVE. We work with BIOFEEDBACK & RADIONICS.

We, run a 7000 parameter test along with testing for AUTO IMMUNE disorders and are in a position to guide the client of a future onset or presence of any major diseases.

With vast experience of over 33 years, working mainly with Cancer patients and being awarded with 80+ Certificates & Awards, DR. MEHRA is confident of giving positive results in all cases handled by them. Supplements to stabilize Telomere can also be offered.

The test thus helps us in taking preventive and corrective measures to balance the Telomers.

Diagnosis is carried out to evaluate the quantity of active TELOMERS, and also its presence in anti-aging process. If required, it can be corrected with BIOFEEDBACK therapy.

Therapy involves giving corrective Frequency to enhance the growth of TELOMERS and its stability. As it supports for anti-aging and is one of the 12 Anti-Aging parameters, balancing the same helps in the support for ANTI-AGING. A strong TELOMERE helps in stabilizing the CHROMOSOMES and eventually delaying the onset of chronic diseases.

We advise to COMPLEMENT our services, with the ongoing therapies / treatment for better and faster results.

We strongly recommend DETOX procedure. This should be started immediately. COLLOIDAL SILVER WATER, ANTIOXIDANT HYDROGEN RICH WATER, ATOMY VITAMIN C and use of ZAPPER. RADIONICS and RIFE FREQUENCIES for basic corrections; start immediately on the RADIONICS maintenance kit. DIETARY SUPPLEMENTS (HemoHIM) for speedy recovery. NON-INVASIVE therapy is administered, which could take 18 to 72 sittings depending on the individual's resistance from within and the body's ability to HEAL.

NON-INVASIVE THERAPY FOR TELOMERE REPAIR.

SOLUTION FOR TELOMERE CARE.

TELOMERE MANAGEMENT.

- Rs.36,600/-** Diagnosis Package (Rs.27,450/- after Cash Discount)
(Includes Consultation, Supplement Report, Biofeedback Diagnosis on LIFE & QRMA)
- Rs. 1,800/-** Consultation
- Rs. 1,800/-** Supplement Report
- Rs.27,000/-** Complete 7,000 parameter Test (MUST)
- Rs. 6,000/-** Test on QRMA (Full Body 100+ page report)
- Rs.27,000/-** Complete 7,000 parameter Test (MUST)
- Rs.18,000/-** L.S. Therapy (MUST)
- Rs. 6,000/-** Miasms & Anti-Aging Profile Diagnosis
- Rs.12,000/-** Therapy for Telomere and Anti-aging (MUST)
- Rs.12,000/-** Panel Therapy (L.S. Panel for DETOX)
- Rs.12,000/-** Supplement (60 capsules / bottle)
(Charges are per sitting)

Cost of other related Therapies, Detoxification & Supplements / Frequency medication is recommended in the Supplement Chart. Book your SUPPLEMENT CHART for details. (12 weeks of Therapy with 24 weeks of Supplements, helps in balancing most issues.)

[Clients booking DIAGNOSIS PACKAGE would be termed as REGISTERED IN HOUSE CLIENTS. They would be entitled for preference in booking sessions and for CASH Discounts wherever applicable (In House Products & Sessions). For Therapies, book minimum 18 sittings to avail 25% and 36 sittings for 33% (1/3RD) CASH DISCOUNT. Maintain a Security Deposit of Rs.10,000/- and in multiples to get CASH Discount. Clients without maintaining Security Deposit Pre-Book your Products / Sessions a week / 7 days in advance with Full CASH payment, book minimum 18 sittings, to avail CASH DISCOUNT.]

DR RAJEEV PRAKASH MEHRA recipient of Certificate of Excellence Award for 2018 - 2019

"BEST CANCER SPECIALIST IN ASIA"

&

"BEST CANCER SPECIALIST DOCTOR OF THE YEAR"

MEHAK WELLNESS CENTRE – Awarded

"TOP DIAGNOSTIC CENTRE IN MUMBAI"

AMONGST THE TOP 10 DIAGNOSIS CENTRES IN MUMBAI. MAY 2019. BY SILICONINDIA.COM

Guide to Package selection
HOW TO CHOOSE YOUR PACKAGE:

- 1) 18 sittings of BIOFEEDBACK, with minimum 6 sittings of Panels.
Recommended as Maintenance for all. Persons who suspect any disease or with a family history of diseases, discomforts should opt for this Package. Disease/Disorder yet not revealed in medical tests.
- 2) 36 sittings of BIOFEEDBACK, with minimum 12 sittings of Panels.
Recommended for all who have been diagnosed with any major disease, or having severe discomfort. For all those who have not been able to have a control over their disease / condition within 7 weeks of taking medication / Therapy. Patients Diagnosed with CANCER, or any Chronic Disease should start with this Package immediately. For CANCER patients, if Chemo-Therapy or Radiation has been suggested, they should take this first before starting any INVASIVE procedures.
- 3) 54 sittings of BIOFEEDBACK, with minimum 18 sittings of Panels.
Recommended in all cases where any Invasive procedure has been started. For all cases where Chemo-Therapy, Radiation or any external support has been undertaken this Package would be required. (Insulin in case of Diabetes.)
- 4) 72 sittings of BIOFEEDBACK, with minimum 24 sittings of Panels.
Recommended for all RELAPSE cases. If any Disease has reoccurred after a complete treatment, this Package would be required. In case of CANCER, clients who find a further need of Chemo-Therapy or Radiation after their first set, need to start on this Package immediately.
- 5) 90 sittings of BIOFEEDBACK with minimum 30 sittings of Panels.
METASTASIS. 4TH stage CANCER. Relapse, spreading to other organs. In cases where the CANCER cells are no more bound to a particular area / organ, and have been spreading to other areas. Presence of CANCER in multiple areas / more than 1, would need to get started with this package.

All GENETIC & AUTO IMMUNE disorder cases would need minimum 36 to 72 sittings.

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Diagnosis & Therapy on GENETIC & AUTO IMMUNE levels are recommended for Diseases / Disorders which do not stand rectified in a time frame of 7 days to 7 weeks with your ongoing medication / therapy.

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TELOMERE

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TELOMERE REPAIR SPECIALIST.

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