



MEHAK WELLNESS CENTRE

(BIOFEEDBACK & STRESS MANAGEMENT)

ISO 9001:2015

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DR RAJEEV PRAKASH MEHRA N.D.; M.D. (A.M.); GOLD MEDALIST; REIKI GRAND MASTER

Recipient of Awards in 2020

“Globally Renowned Best CANCER Treatment Specialist through Genetic and Auto Immune Correction.”

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AUTOIMMUNE DISEASES

NON-INVASIVE DIAGNOSIS AND TREATMENT FOR AUTOIMMUNE DISEASES.

A disease in which the body's immune system attacks healthy cells. An autoimmune disease is a condition in which your immune system mistakenly attacks your body.

The immune system normally guards against germs like bacteria and viruses. When it senses these foreign invaders, it sends out an army of fighter cells to attack them. Normally, the immune system can tell the difference between foreign cells and your own cells. In an autoimmune disease, the immune system mistakes part of your body - like your joints or skin - as foreign. It releases proteins called autoantibodies that attack healthy cells.

Some autoimmune diseases target only one organ. Type 1 diabetes damages the pancreas. Other diseases, like lupus, affect the whole body.

Most common types

Addison's disease

Addison's disease affects the adrenal glands, which produce the hormones cortisol and aldosterone. Having too little of these hormones can affect the way the body uses and stores carbohydrates and sugar. Symptoms include weakness, fatigue, weight loss, and low blood sugar.

Alopecia areata

Sudden hair loss that starts with one or more circular bald patches that may overlap.

Ankylosing spondylitis

An inflammatory arthritis affecting the spine and large joints.

Celiac disease

People with celiac disease can't eat foods containing gluten — a protein found in wheat, rye, and other grain products. When gluten is in the intestine, the immune system attacks it and causes inflammation.

Chronic inflammatory demyelinating polyneuropathy

Similar to Guillian-Barre, the immune system also attacks the nerves in CIDP, but symptoms last much longer. About 30% of patients can become confined to a wheelchair if not diagnosed and treated early. Treatment for CIDP and GBS are essentially the same.

Graves' disease

The immune system produces antibodies that stimulate the thyroid gland to release excess amounts of thyroid hormone into the blood (hyperthyroidism). Symptoms of Graves' disease can include bulging eyes as well as weight loss, nervousness, irritability, rapid heart rate, weakness, and brittle hair. Destruction or removal of the thyroid gland, using medicines or surgery, is usually required to treat Graves' disease.

Guillain-Barre syndrome

The immune system attacks the nerves controlling muscles in the legs and sometimes the arms and upper body. Weakness results, which can sometimes be severe.

Hashimoto's thyroiditis

Antibodies produced by the immune system attack the thyroid gland, slowly destroying the cells that produce thyroid hormone. Low levels of thyroid hormone develop (hypothyroidism), usually over months to years. Symptoms include fatigue, constipation, weight gain, depression, dry skin, sensitivity to cold, hair loss and swelling of the thyroid (goiter).

Inflammatory bowel disease (IBD)

The immune system attacks the lining of the intestines, causing episodes of diarrhea, rectal bleeding, urgent bowel movements, abdominal pain, fever, and weight loss. Ulcerative colitis and Crohn's disease are the two major forms of IBD.

Inflammatory bowel disease (IBD) is a term used to describe conditions that cause inflammation in the lining of the intestines. Each type of IBD affects a different part of the GI tract.

Crohn's disease can inflame any part of the GI tract, from the mouth to the anus.

Ulcerative colitis affects only the lining of the large intestine (colon) and rectum.

Lupus - Systemic lupus erythematosus (SLE)

An inflammatory disease caused when the immune system attacks its own tissues.

Although doctors in the 1800s first described lupus as a skin disease because of the rash it produces, it actually affects many organs, including the joints, kidneys, brain, and heart.

Joint pain, fatigue, and rashes are among the most common symptoms.

Multiple sclerosis (MS)

A disease in which the immune system eats away at the protective covering of nerves.

The immune system attacks nerve cells, causing symptoms that can include pain, blindness, weakness, poor coordination, and muscle spasms.

Multiple sclerosis (MS) damages the myelin sheath — the protective coating that surrounds nerve cells. Damage to the myelin sheath affects the transmission of messages between your brain and body.

This damage can lead to symptoms like numbness, weakness, balance issues, and trouble walking. The disease comes in several forms, which progress at different rates. About 50 percent of people with MS need help walking within 15 years after getting the disease.

Myasthenia gravis

Antibodies bind to nerves and make them unable to stimulate muscles properly. Weakness that gets worse with activity is the main symptom of myasthenia gravis.

Myasthenia gravis affects nerves that help the brain control the muscles. When these nerves are impaired, signals can't direct the muscles to move.

The most common symptom is muscle weakness that gets worse with activity and improves with rest. Often muscles that control swallowing and facial movements are involved.

Pernicious anemia

This condition affects a protein called intrinsic factor that helps the intestines absorb vitamin B-12 from food. Without this vitamin, the body can't make enough red blood cells.

Pernicious anemia is more common in older adults.

Polymyalgia rheumatica

An inflammatory disorder causing muscle pain and stiffness around the shoulders and hips.

Psoriasis / psoriatic arthritis

In psoriasis, overactive immune system blood cells called T-cells collect in the skin. The immune system activity stimulates skin cells to reproduce rapidly, producing silvery, scaly plaques on the skin.

Skin cells normally grow and then shed when they're no longer needed. Psoriasis causes skin cells to multiply too quickly. The extra cells build up and form red, scaly patches called scales or plaques on skin.

About 30 percent of people with psoriasis also develop swelling, stiffness, and pain in their joints. This form of the disease is called psoriatic arthritis.

Rheumatoid arthritis (RA)

A chronic inflammatory disorder affecting many joints, including those in the hands and feet.

In rheumatoid arthritis (RA), the immune system attacks the joints. This attack causes redness, warmth, soreness, and stiffness in the joints.

Unlike osteoarthritis, which affects people as they get older, RA can start as early as your 30s.

Sjögren's syndrome

An immune system disorder characterized by dry eyes and dry mouth.

This condition attacks the joints, as well as glands that provide lubrication to the eyes and mouth. The damage is seen as joint pain, dry eyes, and dry mouth.

Temporal arteritis

An inflammation of blood vessels, called arteries, in and around the scalp.

Type 1 Diabetes mellitus

A chronic condition in which the pancreas produces little or no insulin.

The pancreas produces the hormone insulin, which helps regulate blood sugar levels. In type 1 diabetes, the immune system attacks and destroys insulin-producing cells in the pancreas.

High blood sugar can damage blood vessels, as well as organs like the heart, kidneys, eyes, and nerves.

Vasculitis

An inflammation of the blood vessels that causes changes in the blood vessel walls.

Vasculitis happens when the immune system attacks blood vessels. The inflammation that results narrows the arteries and veins, allowing less blood to flow through them.

The immune system attacks and damages blood vessels. Vasculitis can affect any organ, so symptoms vary widely and can occur almost anywhere in the body.

Autoimmune disease symptoms

The early symptoms of many autoimmune diseases are very similar, such as:

- **Achy muscles**
- **Fatigue**
- **Hair loss**
- **Low-grade fever**
- **Numbness and tingling in the hands and feet**
- **Skin rashes**
- **Swelling and redness**
- **Trouble concentrating**

Individual diseases can also have their own unique symptoms. For example, type 1 diabetes causes extreme thirst, weight loss, and fatigue. IBD causes belly pain, bloating, and diarrhea.

With autoimmune diseases like psoriasis or RA, symptoms come and go. Periods of symptoms are called flare-ups. Periods when the symptoms go away are called remissions.

BOTTOM LINE:

Symptoms like fatigue, muscle aches, swelling, and redness could be signs of an autoimmune disease. Often symptoms come and go over time.

We very well know, at initial stages there are no symptoms. It can be diagnosed only when damage is revealed on the physical in the medical tests. But by then it is too late.

We, at MEHAK WELLNESS CENTRE, under the expertise of DR RAJEEV PRAKASH MEHRA, a GOLD MEDALIST & REIKI GRAND MASTER offer NON-INVASIVE Diagnosis on State of the Art, latest 21st Century technology to verify the onset or presence of AUTOIMMUNE DISEASES. Infection, Inflammation and damage to the system. We are in a position to diagnose and treat for AUTOIMMUNE DISEASES.

This can be diagnosed much before any other modern science equipment / test could diagnose.

We, run a GENETIC test along with testing for AUTOIMMUNE disorders and are in a position to guide the client of a future onset of diseases due to Auto immune disorders.

With vast experience of over 33 years, working mainly with Cancer patients and being awarded with 80+ Certificates & Awards, DR RAJEEV PRAKASH MEHRA is confident of giving positive results in all cases handled by them. All types of Autoimmune Diseases can be diagnosed and repaired.

The test thus helps us in taking preventive measures for the disease much before it can show up on the regular physical tests.

WHAT WE DO & WHAT WE DO NOT DO:

1. WE DO NOT DIAGNOSE:

We assess, measure, determine or evaluate a condition.

2. WE DO NOT PRESCRIBE:

We recommend, suggest, advice or offer options to alleviate the condition.

3. WE DO NOT TREAT:

We work with, release, normalize, relieve, balance or remedy a condition.

4. WE DO NOT CURE:

We alleviate, balance, improve, correct or normalize a condition.

5. WE DO NOT Use the word "DISEASE":

We use condition, problem or imbalance.

6. WE DO NOT MAKE CLAIMS OR PROMISES:

We explain that health is an individual matter with many approaches to healing and no guarantees. It is our job to educate our clients so that they are more in control of their own health.

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Our work involves to DE-STRESS all concerned areas, causing an imbalance, leading to Diseases / Disorders. We work to MANAGE STRESS, to help the system function normally. Our work pattern is to DETOXYFY the system. Support it with ESSENTIAL SUPPLEMENTS & FREQUENCY ENERGIES. And finally, provide CORRECTIVE FREQUENCIES, to restore balance in the system. We strongly believe in "BODY HEALS ITSELF".

We very well know, at initial stages there are no symptoms. It can be diagnosed only when revealed on the physical. But by then it is too late.

We conduct a full-fledged 7000 parameter test to reveal the Genetic component involved. On having the results for the Genes, Auto Immune and other parameters, we are in a position to assess the damage done or possible damage in the near future.

Our work is NON-INVASIVE. We work with BIOFEEDBACK & RADIONICS. Diagnosis and Corrections / Repair are offered for all types of AUTOIMMUNE DISEASES.

Being in NON-INVASIVE stream, we do not recommend any type of drugs, medicines as they would not deliver any positive long lasting result. In modern science usually medicines / steroids are given to keep the Immune system at its lowest level, to control any damage by the Immune system to any part of our body. This weakens the system to an extent that slightest change in weather causes discomfort to the patient. As far as possible we advise to avoid removal of any part from our body.

Because the incidence of autoimmune diseases is rising, researchers suspect environmental factors like infections, inflammation and exposures to chemicals or solvents might also be involved. Thus by working on the root cause and stabilizing the Genes, Autoimmune disorders and all parameters related with micro-organisms, we are in a position to correct the disorder without any side effects or danger to client's health.

Autoimmune factors are taken into consideration for repair along with the areas it has caused damage to. Work involves correction on all parameters, along with other related issues instigating / provoking / supporting the immune system.

We advise to COMPLEMENT our services, with the ongoing therapies / treatment for better and faster results.

We strongly recommend DETOX procedure. This should be started immediately. COLLOIDAL SILVER WATER, ANTIOXIDANT HYDROGEN RICH WATER, ATOMY VITAMIN C and use of ZAPPER. RADIONICS and RIFE FREQUENCIES for basic corrections; start immediately on the RADIONICS maintenance kit. DIETARY SUPPLEMENTS (HemoHIM) for speedy recovery. NON-INVASIVE therapy is administered, which could take 18 to 72 sittings depending on the individual's resistance from within and the body's ability to HEAL.

AUTOIMMUNE DISEASES MANAGEMENT.

AUTOIMMUNE DISEASES SOLUTION AVAILABLE.

NON-INVASIVE THERAPIES FOR AUTOIMMUNE DISEASES.

- Rs.36,600/-** Diagnosis Package (Rs.27,450/- after Cash Discount)
(Includes Consultation, Supplement Report, Biofeedback Diagnosis on LIFE & QRMA)
- Rs. 1,800/-** Consultation
- Rs. 1,800/-** Supplement Report
- Rs.27,000/-** Complete 7,000 parameter Test (MUST)
- Rs. 6,000/-** Test on QRMA (Full Body 100+ page report)

- Rs.27,000/-** Complete 7,000 parameter Test (MUST)

- Rs.18,000/-** L.S. Therapy (MUST)

- Rs.18,000/-** L.S. Therapy (Only AUTO IMMUNE parameters) (Only in SPECIAL cases)

- Rs.12,000/-** Panel Therapy (L.S. Panel for DETOX)
(Charges are per sitting)

Cost of other related Therapies, Detoxification & Supplements / Frequency medication is recommended in the Supplement Chart. Book your SUPPLEMENT CHART for details. (12 weeks of Therapy with 24 weeks of Supplements, helps in balancing most issues.)

[Clients booking DIAGNOSIS PACKAGE would be termed as REGISTERED IN HOUSE CLIENTS. They would be entitled for preference in booking sessions and for CASH Discounts wherever applicable (In House Products & Sessions). For Therapies, book minimum 18 sittings to avail 25% and 36 sittings for 33% (1/3RD) CASH DISCOUNT. Maintain a Security Deposit of Rs.10,000/- and in multiples to get CASH Discount. Clients without maintaining Security Deposit Pre-Book your Products / Sessions a week / 7 days in advance with Full CASH payment, book minimum 18 sittings, to avail CASH DISCOUNT.]

DR RAJEEV PRAKASH MEHRA recipient of Certificate of Excellence Award for 2018 - 2019

"BEST CANCER SPECIALIST IN ASIA"

&

"BEST CANCER SPECIALIST DOCTOR OF THE YEAR"

MEHAK WELLNESS CENTRE – Awarded

"TOP DIAGNOSTIC CENTRE IN MUMBAI"

AMONGST THE TOP 10 DIAGNOSIS CENTRES IN MUMBAI. MAY 2019. BY SILICONINDIA.COM

Guide to Package selection
HOW TO CHOOSE YOUR PACKAGE:

- 1) 18 sittings of BIOFEEDBACK, with minimum 6 sittings of Panels.
Recommended as Maintenance for all. Persons who suspect any disease or with a family history of diseases, discomforts should opt for this Package. Disease/Disorder yet not revealed in medical tests.
- 2) 36 sittings of BIOFEEDBACK, with minimum 12 sittings of Panels.
Recommended for all who have been diagnosed with any major disease, or having severe discomfort. For all those who have not been able to have a control over their disease / condition within 7 weeks of taking medication / Therapy. Patients Diagnosed with CANCER, or any Chronic Disease should start with this Package immediately. For CANCER patients, if Chemo-Therapy or Radiation has been suggested, they should take this first before starting any INVASIVE procedures.
- 3) 54 sittings of BIOFEEDBACK, with minimum 18 sittings of Panels.
Recommended in all cases where any Invasive procedure has been started. For all cases where Chemo-Therapy, Radiation or any external support has been undertaken this Package would be required. (Insulin in case of Diabetes.)
- 4) 72 sittings of BIOFEEDBACK, with minimum 24 sittings of Panels.
Recommended for all RELAPSE cases. If any Disease has reoccurred after a complete treatment, this Package would be required. In case of CANCER, clients who find a further need of Chemo-Therapy or Radiation after their first set, need to start on this Package immediately.
- 5) 90 sittings of BIOFEEDBACK with minimum 30 sittings of Panels.
METASTASIS. 4TH stage CANCER. Relapse, spreading to other organs. In cases where the CANCER cells are no more bound to a particular area / organ, and have been spreading to other areas. Presence of CANCER in multiple areas / more than 1, would need to get started with this package.

All GENETIC & AUTO IMMUNE disorder cases would need minimum 36 to 72 sittings.

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Diagnosis & Therapy on GENETIC & AUTO IMMUNE levels are recommended for Diseases / Disorders which do not stand rectified in a time frame of 7 days to 7 weeks with your ongoing medication / therapy.

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