



MEHAK WELLNESS CENTRE

(BIOFEEDBACK & STRESS MANAGEMENT)

ISO 9001:2015

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DR RAJEEV PRAKASH MEHRA N.D.; M.D. (A.M.); GOLD MEDALIST; REIKI GRAND MASTER

Recipient of Awards in 2020

“Globally Renowned Best CANCER Treatment Specialist through Genetic and Auto Immune Correction.”

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WOMEN'S HEALTH AND WELLNESS

WOMEN'S HEALTH AND WELLNESS

NON-INVASIVE DIAGNOSIS AND TREATMENT.

While both men and women contract various conditions, some health issues affect women differently and more commonly. Furthermore, many women's health conditions go undiagnosed and most drug trials do not include female test subjects. Even so, women bear exclusive health concerns, such as breast cancer, cervical cancer, menopause, and pregnancy. Women suffer higher heart attack deaths compared to men. Depression and anxiety exhibit more frequently among female patients. Urinary tract conditions present more often in females, and sexually transmitted diseases can cause more harm to women. Among the conditions that present most frequently in women, the following eight illnesses pose considerable health risks.

Heart Disease

In the United States, heart disease causes one in every four deaths among women. Although the public considers heart disease a common issue among men, the condition affects males and females nearly equally. Yet, only 54 percent of women realize that heart disease is the top health condition threatening their gender. In the United States, 49 percent of all consumers suffer from high blood pressure, high cholesterol, or smoke; factors that contribute to heart disease.

Breast Cancer

Breast cancer, which typically originates in the lining of the milk ducts, can spread to other organs, and is the most aggressive cancer affecting the global female population. The condition presents more among female populations in developed nations due to their extended life spans.

Initially, women afflicted with breast cancer may develop breast lumps. Most breast lumps are nonthreatening, but it is important for women to have each one checked by a care provider.

Ovarian and Cervical Cancer

Many people are not aware of the differences between ovarian and cervical cancer. Cervical cancer originates in the lower uterus, while ovarian cancer starts in the fallopian tubes. While both conditions cause similar pain, cervical cancer also causes discharge and pain during intercourse.

While ovarian cancer presents extremely vague symptoms, the condition is very complex. Finally, Pap smears detect cervical but not ovarian cancer.

Gynaecological Health

Bleeding and discharge are a normal part of the menstrual cycle. However, added symptoms during menstruation may indicate health issues, and unusual symptoms, such as bleeding between menstruations and frequent urinating, can mimic other health conditions.

Vaginal issues could also indicate serious problems such as sexually transmitted diseases (STDs) or reproductive tract cancer. While care providers might treat mild infections easily, if left unchecked, they can lead to conditions such as infertility or kidney failure.

Pregnancy Issues

Pre-existing conditions can worsen during pregnancy, threatening the health of a mother and her child. Asthma, diabetes, and depression can harm the mother and child during pregnancy if not managed properly.

Pregnancy can cause a healthy mother's red blood cell count to drop, a condition called anemia, or induce depression. Another problem arises when a reproductive cell implants outside the uterus, making further gestation unfeasible. Fortunately, obstetricians can manage and treat common and rare health issues that emerge during pregnancies.

Autoimmune Diseases

Autoimmune disease occurs when body cells that eliminate threats, such as viruses, attack healthy cells. As this condition continues to escalate among the population, researchers remain baffled as to why the condition affects mostly women. While many distinct autoimmune diseases exist, most share symptoms such as:

- **Exhaustion**
- **Mild fever**
- **Pain**
- **Skin irritation**
- **Vertigo**

Most of the autoimmune system rests in the stomach. Many who suffer from this condition have resorted to natural healing practices, such as:

- **Consuming less sugar**
- **Consuming less fat**
- **Lowering stress**
- **Reducing toxin intake**

However, the best defence against autoimmune disease is early detection.

Osteoporosis

Osteoporosis weakens bones, allowing them to break easily. Several factors can cause the condition that occurs mostly in women, such as:

- **Age**
- **Alcohol consumption**
- **Certain prescriptions**
- **Genetics**
- **Lack of exercise**
- **Low body mass**
- **Smoking**
- **Steroid use**

To detect the condition, care providers measure bone density using an X-ray or ultrasound diagnostic. While no cure exists for osteoporosis, care providers can prescribe treatment to impede illness progression, which might include dietary supplements, healthy lifestyle choices, or prescription medication.

Depression and Anxiety

Natural hormonal fluctuations can lead to depression or anxiety. (PMS) Premenstrual syndrome occurs commonly among women, while premenstrual dysmorphic disorder (PMDD) presents similar, but greatly intensified, symptoms. Shortly after birth, many mothers acquire a form of depression called the “baby blues,” but perinatal depression causes similar – but much stronger – concerns, emotional shifts, sadness, and tiredness. Perimenopause, the shift into menopause, can also cause depression. No matter how intense the symptoms, care providers can provide relief with prescription or therapeutic treatments.

Health Technology for Women

Soon, new technologies will emerge to assist care providers in treating women’s health conditions. Researchers have developed innovative medical treatments, such as a patient operated device that prepares women for breast reconstruction using carbon dioxide instead of needles and a blood test that can detect whether gestation has started outside of the fallopian tubes. Other developing medical technologies include an at home, do-it-yourself Pap smear and a test that determines pregnancy using saliva as a sample.

Women can lower the risk for cancers and other common illnesses with healthy habits and regular care provider visits.

Our work involves to DE-STRESS all concerned areas, causing an imbalance, leading to Diseases / Disorders. We work to MANAGE STRESS, to help the system function normally. Our work pattern is to DETOXYFY the system. Support it with ESSENTIAL SUPPLEMENTS & FREQUENCY ENERGIES. And finally, provide CORRECTIVE FREQUENCIES, to restore balance in the system. We strongly believe in "BODY HEALS ITSELF".

We very well know, at initial stages there are no symptoms. It can be diagnosed only when revealed on the physical. But by then it is too late.

We, at MEHAK WELLNESS CENTRE, under the expertise of DR RAJEEV PRAKASH MEHRA, a GOLD MEDALIST & REIKI GRAND MASTER offer NON-INVASIVE Diagnosis on State of the Art, latest 21st Century technology to verify the onset or presence of CANCER, Cancer affected areas and any female related issues.

We, run a complete 7000 parameter test which includes AUTO IMMUNE disorders and CHROMOSOMES and issues related to GENETIC disturbances, thus are in a position to guide the client of a future onset or presence of CANCER or any other disorder in the pipeline that can affect the system adversely.

With vast experience of over 33 years, working with Cancer patients and being awarded with 80+ Certificates & Awards – DR RAJEEV PRAKASH MEHRA is confident of handling all types of CANCER. Type of Cancer, and location in the body is not important here.

The test thus helps us in taking preventive measures for the disease much before it can show up on the regular physical tests.

What we do / how we tackle this issue.

We conduct a test to reveal changes on the CELLULAR level. On having the results for the Auto Immune, Chromosomes, Genes, Metabolism, Cancer and specific areas concerned with WOMEN'S HEALTH, we are in a position to assess the damage done or possible damage in the near future.

Our work is NON-INVASIVE. We work with BIOFEEDBACK and RADIONICS. Auto Immune disturbance, Cancerous cells or specific changes in women's health, what so ever may be the concern, therapy remains the same.

Being in NON-INVASIVE stream, we do not recommend Chemo-Therapy, Radiation, or Surgery. As far as possible we advise to avoid removal of any Body Part.

Basic cause of disturbance can be what so ever – Anemia, Auto Immune, Cancer, Depression, Genetic, Metabolism, Pregnancy corrections are available thru Supplements and BIOFEEDBACK.

We advise to COMPLEMENT our services, with the ongoing therapies / treatment for better and faster results.

We strongly recommend DETOX procedure. This should be started immediately. COLLOIDAL SILVER WATER, ANTIOXIDANT HYDROGEN RICH WATER and use of ZAPPER. Not to forget Liquid Chlorophyll and ATOMY VITAMIN C. RADIONICS and RIFE FREQUENCIES for basic corrections; start immediately on the RADIONICS maintenance kit. DIETARY SUPPLEMENTS (HemoHIM) for speedy recovery. NON-INVASIVE therapy is administered, which could take 18 to 72 sittings depending on the individual's resistance from within and the body's ability to HEAL.

NON-INVASIVE THERAPIES FOR WOMEN'S HEALTH.

SOLUTION AVAILABLE FOR WOMEN'S HEALTH CARE.

Rs.36,600/- Diagnosis Package (Rs.27,450/- after Cash Discount)
(Includes Consultation, Supplement Report, Biofeedback Diagnosis on LIFE & QRMA)

Rs. 1,800/- Consultation

Rs. 1,800/- Supplement Report

Rs.27,000/- Complete 7,000 parameter Test (MUST)

Rs. 6,000/- Test on QRMA (Full Body 100+ page report)

Rs.27,000/- Complete 7,000 parameter Test (MUST)

Rs. 1,800/- TEST on BIO-TESTING and BIO-THERAPY for MALIGNANCY

Rs.18,000/- L.S. Therapy per sitting (MUST)

Rs.12,000/- L.S. PANEL per sitting (MUST)

Cost of other related Therapies, Detoxification & Supplements / Frequency medication is recommended in the Supplement Chart. Book your SUPPLEMENT CHART for details. (12 weeks of Therapy with 24 weeks of Supplements, helps in balancing most issues.)

[Clients booking DIAGNOSIS PACKAGE would be termed as REGISTERED IN HOUSE CLIENTS. They would be entitled for preference in booking sessions and for CASH Discounts wherever applicable (In House Products & Sessions). For Therapies, book minimum 18 sittings to avail 25% and 36 sittings for 33% (1/3RD) CASH DISCOUNT. Maintain a Security Deposit of Rs.10,000/- and in multiples to get CASH Discount. Clients without maintaining Security Deposit Pre-Book your Products / Sessions a week / 7 days in advance with Full CASH payment, book minimum 18 sittings, to avail CASH DISCOUNT.]

DR RAJEEV PRAKASH MEHRA recipient of Certificate of Excellence Award for 2018 - 2019

"BEST CANCER SPECIALIST IN ASIA"

&

"BEST CANCER SPECIALIST DOCTOR OF THE YEAR"

MEHAK WELLNESS CENTRE – Awarded

"TOP DIAGNOSTIC CENTRE IN MUMBAI"

AMONGST THE TOP 10 DIAGNOSIS CENTRES IN MUMBAI. MAY 2019. BY SILICONINDIA.COM

Guide to Package selection

HOW TO CHOOSE YOUR PACKAGE:

- 1) 18 sittings of BIOFEEDBACK, with minimum 6 sittings of Panels.
Recommended as Maintenance for all. Persons who suspect any disease or with a family history of diseases, discomforts should opt for this Package. Disease/Disorder yet not revealed in medical tests.
- 2) 36 sittings of BIOFEEDBACK, with minimum 12 sittings of Panels.
Recommended for all who have been diagnosed with any major disease, or having severe discomfort. For all those who have not been able to have a control over their disease / condition within 7 weeks of taking medication / Therapy. Patients Diagnosed with CANCER, or any Chronic Disease should start with this Package immediately. For CANCER patients, if Chemo-Therapy or Radiation has been suggested, they should take this first before starting any INVASIVE procedures.
- 3) 54 sittings of BIOFEEDBACK, with minimum 18 sittings of Panels.
Recommended in all cases where any Invasive procedure has been started. For all cases where Chemo-Therapy, Radiation or any external support has been undertaken this Package would be required. (Insulin in case of Diabetes.)
- 4) 72 sittings of BIOFEEDBACK, with minimum 24 sittings of Panels.
Recommended for all RELAPSE cases. If any Disease has reoccurred after a complete treatment, this Package would be required. In case of CANCER, clients who find a further need of Chemo-Therapy or Radiation after their first set, need to start on this Package immediately.
- 5) 90 sittings of BIOFEEDBACK with minimum 30 sittings of Panels.
METASTASIS. 4TH stage CANCER. Relapse, spreading to other organs. In cases where the CANCER cells are no more bound to a particular area / organ, and have been spreading to other areas. Presence of CANCER in multiple areas / more than 1, would need to get started with this package.

All GENETIC & AUTO IMMUNE disorder cases would need minimum 36 to 72 sittings.

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Diagnosis & Therapy on GENETIC & AUTO IMMUNE levels are recommended for Diseases / Disorders which do not stand rectified in a time frame of 7 days to 7 weeks with your ongoing medication / therapy.



Mehak Wellness Centre

“ WE PROVIDE NON-INVASIVE
DIAGNOSIS AND THERAPY
FOR WOMENS HEALTH
ON GENETIC & AUTO-IMMUNE LEVELS
& FREQUENCY HEALING
BALANCING FEMALE HEALTH. ”