



MEHAK WELLNESS CENTRE

(BIOFEEDBACK & STRESS MANAGEMENT)

ISO 9001:2015

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DR RAJEEV PRAKASH MEHRA N.D.; M.D. (A.M.); GOLD MEDALIST; REIKI GRAND MASTER

Recipient of Awards in 2020

“Globally Renowned Best CANCER Treatment Specialist through Genetic and Auto Immune Correction.”

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ENDOCRINOLOGY: GLANDS AND HORMONES

WELLNESS CENTRE SPECIALIZED FOR ENDOCRINOLOGY
NON-INVASIVE GLAND AND HORMONE REPAIR.

Endocrinology is a branch of biology and medicine dealing with the endocrine system, its diseases, and its specific secretions known as hormones.

Endocrinology is the field of hormone-related diseases. An endocrinologist can diagnose and treat hormone problems and the complications that arise from them. Hormones regulate metabolism, respiration, growth, reproduction, sensory perception, and movement. Hormone imbalances are the underlying reason for a wide range of medical conditions. Endocrinology focuses both on the hormones and the many glands and tissues that produce them. Humans have over 50 different hormones. They can exist in very small amounts and still have a significant impact on bodily function and development.

What is the endocrine system?

The human endocrine system consists of a number of glands, which release hormones to control many different functions. When the hormones leave the glands, they enter the bloodstream and are transported to organs and tissues in every part of the body.

Diseases

A hormone imbalance can result from genetic or environmental factors.

Some infants are born with hormonal problems that can lead to a range of health issues, such as low growth. Endocrine-disrupting chemicals, such as pesticides, lead, and phthalates, which are used in plastic food containers, can sometimes lead to hormonal problems.

There are three broad groups of endocrine disorders:

A gland does not produce enough of its hormones. This is known as endocrine gland hypo secretion.

A gland produces too much of its hormones, also referred to as hypersecretion.

Tumours develop in the endocrine glands. They may be malignant, or cancerous, but they may also be benign, or non-cancerous.

Endocrinologists commonly treat the following conditions:

Diabetes	Excessive or insufficient production of hormones
Infertility	Metabolic disorders
Menopause	Osteoporosis
Short Stature	Some Cancers
Thyroid diseases	

Diagnosis and Repair for the following Glands is available:

ADRENALS	GONADS	HYPOTHALAMUS
OVARIES	PANCREAS	PARATHYROID
PINEAL GLAND	PITUITARY	TESTES
THALAMUS	THYMUS	THYROID

Let's understand our Endocrine System

Many different glands make up the endocrine system. The hypothalamus, pituitary gland, and pineal gland are your brain. The thyroid and parathyroid glands are in your neck. The thymus is between your lungs, the adrenals are on top of your kidneys, and the pancreas is behind your stomach. Your ovaries (if you're a woman) or testes (if you're a man) are in your pelvic region.

Hypothalamus: This organ connects your endocrine system with your nervous system. Its main job is to tell your pituitary gland to start or stop making hormones.

Pituitary: This is the "master" gland of your endocrine system. It uses information it gets from your brain to "tell" other glands in your body what to do. It makes many different important hormones, including growth hormone; prolactin, which helps breastfeeding moms make milk; and luteinizing hormone, which manages estrogen in women and testosterone in men.

Pineal: This gland makes a chemical called melatonin. It helps your body get ready to go to sleep.

Thyroid: This gland makes thyroid hormone, which controls your metabolism. If this gland doesn't make enough (a condition called hypothyroidism), everything happens more slowly. Your heart rate might slow down. You could get constipated. And you might gain weight. If it makes too much (hyperthyroidism), everything speeds up. Your heart might race. You could have diarrhoea. And you might lose weight without trying.

Parathyroid: This is a set of four small glands behind your thyroid. They are important for bone health. The glands control your levels of calcium and phosphorus.

Thymus: This gland makes white blood cells called T-lymphocytes that fight infection and are crucial as a child's immune system develops. The thymus starts to shrink after puberty.

Adrenals: Best known for making the "fight or flight" hormone adrenaline (epinephrine), these two glands also make corticosteroids. These are hormones that affect your metabolism and sexual function, among other things.

Pancreas: The pancreas is part of both your digestive and endocrine systems. It makes digestive enzymes that break down food. It also makes the hormones insulin and glucagon. These help ensure you have the right amount of sugar in your bloodstream and your cells.

If you don't make any insulin, which is the case for people with type 1 diabetes, your blood sugar levels can get dangerously high. In type 2 diabetes, the pancreas usually makes some insulin but not enough.

Ovaries: In women, these organs make estrogen and progesterone. These hormones help develop breasts at puberty, regulate the menstrual cycle, and support a pregnancy.

Testes: In men, the testes make testosterone. It helps them grow facial and body hair at puberty. It also tells the penis to grow larger and plays a role in making sperm.

What can go wrong?

Here are some examples of what can happen if a gland secretes too much or too little of its hormones.

Adrenal Gland

Hypersecretion may lead to over-nervousness, sweating, raised blood pressure, and Cushing's disease.

Hyposecretion may lead to Addison's disease, Mineralocorticoid deficiency, weight loss, loss of energy, and anaemia.

Pancreas

Hypersecretion may lead to hyperinsulinism, too much insulin can lead to low blood glucose.

Hyposecretion may lead to one type of diabetes.

Parathyroid Gland

Hypersecretion may lead to brittle bones that fracture easily, as well as stones in the urinary system.

Hyposecretion may lead to involuntary muscle contractions, or tetany, caused by low levels of calcium in plasma.

Thyroid Gland

Hyperthyroidism most often stems from Graves' disease. It can lead to accelerated metabolism, sweating, arrhythmia or irregular heartbeat, weight loss, and nervousness.

Hypothyroidism may lead to tiredness, weight gain, depression, abnormal bone development, developmental delay, and stunted growth.

Pituitary Gland

Hypersecretion may lead to gigantism, or excessive growth.

Hyposecretion may lead to slow bone growth and short stature.

Thymus Gland

Hypersecretion may lead to an overactive immune system which overreacts to perceived threats. This may result in an autoimmune disease.

Hyposecretion may lead to a weakened immune system, where the body is unable to fight infection and easily succumbs to viruses, bacteria, and other pathogens.

Our work involves to DE-STRESS all concerned areas, causing an imbalance, leading to Diseases / Disorders. We work to MANAGE STRESS, to help the system function normally. Our work pattern is to DETOXYFY the system. Support it with ESSENTIAL SUPPLEMENTS & FREQUENCY ENERGIES. And finally, provide CORRECTIVE FREQUENCIES, to restore balance in the system. We strongly believe in "BODY HEALS ITSELF".

We very well know, at initial stages there are no symptoms. It can be diagnosed only when revealed on the physical. But by then it is too late.

We, at MEHAK WELLNESS CENTRE, under the expertise of DR RAJEEV PRAKASH MEHRA, a GOLD MEDALIST & REIKI GRAND MASTER offer NON-INVASIVE Diagnosis on State of the Art, latest 21st Century technology to verify the condition of the Endocrine System along with Glands and Hormonal imbalances.

We, run a complete 7000 parameter test which includes AUTO IMMUNE disorders and CHROMOSOMES and issues related to GENETIC disturbances, thus are in a position to guide the client of a future onset or presence of disturbances related to Endocrine System, Glands, Hormones and Metabolism.

With vast experience of over 33 years, working with Cancer patients and being awarded with 80+ Certificates & Awards – DR RAJEEV PRAKASH MEHRA is confident of handling all types of issues related with Endocrine System – Glandular, Hormonal and Metabolic disorders. We have a solution for every Gland and Hormone correction.

The test thus helps us in taking preventive measures for the diseases and discomforts much before it can show up on the regular physical tests.

What we do / how we tackle this issue.

We conduct a test to reveal the Genetic component involved in this disease. On having the results for the Genes, Chromosomes, Auto Immune & Endocrinal System along with Glands and Hormone imbalances, we are in a position to assess the damage done or possible damage in the near future.

Our work is NON-INVASIVE. We work with BIOFEEDBACK and RADIONICS. Imbalance on the Endocrinal System – Glands and Hormones or a metabolic disorder, every aspect is diagnosed and correction for the same is administered.

Being in NON-INVASIVE stream, we do not recommend use of any medicines, as they would not correct the issue nor repair the damage done. Surgery for what so ever reason is completely ruled out.

Basic cause of disturbance in the Endocrine System is the improper functioning of the Glands and Hormonal discharge and inadequate hormonal balancing. This can be linked to GENETIC factors, thus by working on the root cause and stabilizing the GENES, CHROMOSOMES, AUTO-IMMUNE disorders and all parameters related with Endocrine System, we are in a position to activate and stabilize the Endocrine system along with the Glands and Hormones.

Diagnosis and Repair on 138 areas related with Hormones and following Glands is done:

ADRENALS	OVARIES
TESTES	GONADS
HYPOTHALAMUS	PANCREAS
PARATHYROID	PINEAL GLAND
PITUITARY	THALAMUS
THYMUS	THYROID

We advise to COMPLEMENT our services, with the ongoing therapies / treatment for better and faster results.

We strongly recommend DETOX procedure. This should be started immediately. COLLOIDAL SILVER WATER, ANTIOXIDANT HYDROGEN RICH WATER and use of ZAPPER. Not to forget Liquid Chlorophyll. RADIONICS and RIFE FREQUENCIES for basic corrections; start immediately on the RADIONICS maintenance kit. DIETARY SUPPLEMENTS (HemoHIM) for speedy recovery. NON-INVASIVE therapy is administered, which could take 18 to 72 sittings depending on the individual's resistance from within and the body's ability to HEAL.

NON-INVASIVE THERAPIES FOR ENDOCRINE SYSTEM – GLANDS & HORMONES.

GLANDS & HORMONES MANAGEMENT.

WE SUPPORT IN ENDOCRINE SYSTEM MANAGEMENT.

Rs.36,600/- Diagnosis Package (Rs.27,450/- after Cash Discount)
(Includes Consultation, Supplement Report, Biofeedback Diagnosis on LIFE & QRMA)
Rs. 1,800/- Consultation
Rs. 1,800/- Supplement Report
Rs.27,000/- Complete 7,000 parameter Test (MUST)
Rs. 6,000/- Test on QRMA (Full Body 100+ page report)

Rs.27,000/- Complete 7,000 parameter Test (MUST)

Rs.18,000/- Therapy (per sitting) (MUST)

Rs.12,000/- Panel Therapy (Hormone Profile) (per sitting) (MUST)

Cost of other related Therapies, Detoxification & Supplements / Frequency medication is recommended in the Supplement Chart. Book your SUPPLEMENT CHART for details. (12 weeks of Therapy with 24 weeks of Supplements, helps in balancing most issues.)

[Clients booking DIAGNOSIS PACKAGE would be termed as REGISTERED IN HOUSE CLIENTS. They would be entitled for preference in booking sessions and for CASH Discounts wherever applicable (In House Products & Sessions). For Therapies, book minimum 18 sittings to avail 25% and 36 sittings for 33% (1/3RD) CASH DISCOUNT. Maintain a Security Deposit of Rs.10,000/- and in multiples to get CASH Discount. Clients without maintaining Security Deposit Pre-Book your Products / Sessions a week / 7 days in advance with Full CASH payment, book minimum 18 sittings, to avail CASH DISCOUNT.]

DR RAJEEV PRAKASH MEHRA recipient of Certificate of Excellence Award for 2018 - 2019

"BEST CANCER SPECIALIST IN ASIA"

&

"BEST CANCER SPECIALIST DOCTOR OF THE YEAR"

MEHAK WELLNESS CENTRE – Awarded

"TOP DIAGNOSTIC CENTRE IN MUMBAI"

AMONGST THE TOP 10 DIAGNOSIS CENTRES IN MUMBAI. MAY 2019. BY SILICONINDIA.COM

Guide to Package selection
HOW TO CHOOSE YOUR PACKAGE:

- 1) 18 sittings of BIOFEEDBACK, with minimum 6 sittings of Panels.
Recommended as Maintenance for all. Persons who suspect any disease or with a family history of diseases, discomforts should opt for this Package. Disease/Disorder yet not revealed in medical tests.
- 2) 36 sittings of BIOFEEDBACK, with minimum 12 sittings of Panels.
Recommended for all who have been diagnosed with any major disease, or having severe discomfort. For all those who have not been able to have a control over their disease / condition within 7 weeks of taking medication / Therapy. Patients Diagnosed with CANCER, or any Chronic Disease should start with this Package immediately. For CANCER patients, if Chemo-Therapy or Radiation has been suggested, they should take this first before starting any INVASIVE procedures.
- 3) 54 sittings of BIOFEEDBACK, with minimum 18 sittings of Panels.
Recommended in all cases where any Invasive procedure has been started. For all cases where Chemo-Therapy, Radiation or any external support has been undertaken this Package would be required. (Insulin in case of Diabetes.)
- 4) 72 sittings of BIOFEEDBACK, with minimum 24 sittings of Panels.
Recommended for all RELAPSE cases. If any Disease has reoccurred after a complete treatment, this Package would be required. In case of CANCER, clients who find a further need of Chemo-Therapy or Radiation after their first set, need to start on this Package immediately.
- 5) 90 sittings of BIOFEEDBACK with minimum 30 sittings of Panels.
METASTASIS. 4TH stage CANCER. Relapse, spreading to other organs. In cases where the CANCER cells are no more bound to a particular area / organ, and have been spreading to other areas. Presence of CANCER in multiple areas / more than 1, would need to get started with this package.

All GENETIC & AUTO IMMUNE disorder cases would need minimum 36 to 72 sittings.

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Diagnosis & Therapy on GENETIC & AUTO IMMUNE levels are recommended for Diseases / Disorders which do not stand rectified in a time frame of 7 days to 7 weeks with your ongoing medication / therapy.

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WELLNESS CENTRE
NON-INVASIVE DIAGNOSIS & TREATMENT
ENDOCRINOLOGY - GLAND & HORMONE REPAIR SPECIALIST.

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