

### MEHAK WELLNESS CENTRE

(BIOFEEDBACK & STRESS MANAGEMENT)
ISO 9001:2015

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DR RAJEEV PRAKASH MEHRA N.D.; M.D. (A.M.); GOLD MEDALIST; REIKI GRAND MASTER

**Recipient of Awards in 2020** 

# "Globally Renowned Best CANCER Treatment Specialist through Genetic and Auto Immune Correction."

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## 13 DIABETES

#### NON-INVASIVE DIAGNOSIS AND TREATMENT FOR DIABETES.

Also called - DIABETES MELLITUS.

A group of diseases that result in too much sugar in the blood (high blood glucose).

Diabetes mellitus (DM), commonly referred to as diabetes, is a group of metabolic disorders in which there are high blood sugar levels over a prolonged period. Symptoms of high blood sugar include frequent urination, increased thirst, and increased hunger. If left untreated, diabetes can cause many complications. Acute complications can include diabetic ketoacidosis, hyperosmolar hyperglycemic state, or death. Serious long-term complications include cardiovascular disease, stroke, chronic kidney disease, foot ulcers, and damage to the eyes.

Diabetes is due to either the pancreas not producing enough insulin or the cells of the body not responding properly to the insulin produced.

## There are three main types of diabetes mellitus

Type 1 diabetes

A chronic condition in which the pancreas produces little or no insulin.

The body does not produce insulin. Some people may refer to this type as insulindependent diabetes, juvenile diabetes, or early-onset diabetes. People usually develop type 1 diabetes before their 40th year, often in early adulthood or teenage years. Approximately 10% of all diabetes cases are type 1. These patients will need to take insulin injections for the rest of their life. They must also ensure proper blood-glucose levels by carrying out regular blood tests and following a special diet.

#### Type 2 diabetes

A chronic condition that affects the way the body processes blood sugar (glucose).

The body does not produce enough insulin for proper function, or the cells in the body do not react to insulin (insulin resistance). Approximately 90% of all cases of diabetes worldwide are type 2. Some people may be able to control their type 2 diabetes symptoms by losing weight, following a healthy diet, doing plenty of exercise, and monitoring their blood glucose levels. However, type 2 diabetes is typically a progressive disease - it gradually gets worse - and the patient will probably end up have to take insulin, usually in tablet form.

Overweight and obese people have a much higher risk of developing type 2 diabetes compared to those with a healthy body weight. People with a lot of visceral fat, also known as central obesity, belly fat, or abdominal obesity, are especially at risk. Being overweight / obese causes the body to release chemicals that can destabilize the body's cardiovascular and metabolic systems. Being overweight, physically inactive and eating the wrong foods all contribute to our risk of developing type 2 diabetes.

#### **Gestational diabetes**

A form of high blood sugar affecting pregnant women.

This type affects females during pregnancy. Some women have very high levels of glucose in their blood, and their bodies are unable to produce enough insulin to transport all of the glucose into their cells, resulting in progressively rising levels of glucose. Diagnosis of gestational diabetes is made during pregnancy.

#### **Prediabetes**

A condition in which blood sugar is high, but not high enough to be type 2 diabetes.

The vast majority of patients with type 2 diabetes initially had prediabetes. Their blood glucose levels where higher than normal, but not high enough to merit a diabetes diagnosis. The cells in the body are becoming resistant to insulin. Studies have indicated that even at the prediabetes stage, some damage to the circulatory system and the heart may already have occurred.

DIABETES, often referred to by doctors as diabetes mellitus, describes a group of metabolic diseases in which the person has high blood glucose (blood sugar), either because insulin production is inadequate, or because the body's cells do not respond properly to insulin, or both. Patients with high blood sugar will typically experience polyuria (frequent urination), they will become increasingly thirsty (polydipsia) and hungry (polyphagia).

DIABETES (Diabetes Mellitus) is classed as a metabolism disorder. Metabolism refers to the way our bodies use digested food for energy and growth. Most of what we eat is broken down into glucose. Glucose is a form of sugar in the blood - it is the principal source of fuel for our bodies.

### The most common signs and symptoms of diabetes are:

Blurred vision Cuts and bruises don't heal properly or quickly **Disproportionate thirst** Frequent gum disease / infection Frequent urination Gastro problems – Abdominal pain, Nausea, Vomiting Gums are red and / or swollen - Gums pull away from teeth **Increased fatigue** Intense hunger Irritability Itchy skin More skin and / or yeast infections Numbness or tingling, especially in feet and hands Sexual dysfunction among men **Unusual weight loss** Weight gain

#### WHAT WE DO & WHAT WE DO NOT DO:

#### 1. WE DO NOT DIAGNOSE:

We assess, measure, determine or evaluate a condition.

#### 2. WE DO NOT PRESCRIBE:

We recommend, suggest, advice or offer options to alleviate the condition.

#### 3. WE DO NOT TREAT:

We work with, release, normalize, relieve, balance or remedy a condition.

#### 4. WE DO NOT CURE:

We alleviate, balance, improve, correct or normalize a condition.

#### 5. WE DO NOT Use the word "DISEASE":

We use condition, problem or imbalance.

#### 6. WE DO NOT MAKE CLAIMS OR PROMISES:

We explain that health is an individual matter with many approaches to healing and no guarantees. It is our job to educate our clients so that they are more in control of their own health.

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Our work involves to DE-STRESS all concerned areas, causing an imbalance, leading to Diseases / Disorders. We work to MANAGE STRESS, to help the system function normally. Our work pattern is to DETOXIFY the system. Support it with ESSENTIAL SUPPLEMENTS & FREQUENCY ENERGIES. And finally, provide CORRECTIVE FREQUENCIES, to restore balance in the system. We strongly believe in "BODY HEALS ITSELF".

We very well know, at initial stages there are no symptoms. It can be diagnosed only when revealed on the physical. But by then it is too late.

Normally we wait for the damage to get concrete, experience the discomfort and pain, before we address it. In modern science, help is rendered only when the problem is diagnosed. Diagnosis is possible only after signs of physical damage. By this time the damage is already done and reversal is not possible. With the help of allopathy, we only reduce the impact, or work on reducing the pains and discomfort, but never rectify the situation. There is no work done to reverse the damage or to correct the situation and causes, for it not to repeat again. Whereas in BIOFEEDBACK, we are in a position to assess the situation and correct it, much before the damage starts. As the Diagnosis and Therapy involves work on the cellular level, and corrections on GENETIC & AUTO IMMUNE system, we are in a position to identify the oncoming disease / disorder and offer remedy for the same.

We, at MEHAK WELLNESS CENTRE, under the expertise of DR RAJEEV PRAKASH MEHRA, a GOLD MEDALIST & REIKI GRAND MASTER offer NON-INVASIVE Diagnosis on State of the Art, latest 21st Century technology to verify the onset or presence of DIABETES.

We, run a complete 7000 parameter test which includes AUTO IMMUNE disorders and CHROMOSOMES and issues related to GENETIC disturbances, thus are in a position to guide the client of a future onset, or presence of DIABETES and areas where damage has taken place due to Diabetes.

The test thus helps us in taking preventive measures for the disease much before it can show up on the regular physical tests.

With vast experience of over 33 years, working with CANCER and DIABETES patients and being awarded with 80+ Certificates & Awards – DR RAJEEV PRAKASH MEHRA is confident of handling these cases, to guide patients to manage this issue comfortably.

We conduct a test to reveal the Genetic component involved in this disease. On having the results for the AUTO IMMUNE, CHROMOSOMES, GENES and DIABETES specific areas, we are in a position to assess the damage done or possible damage in the near future.

Our work is NON-INVASIVE. We work with BIOFEEDBACK and RADIONICS. Diabetes may be of any type or has done a damage in any part of the system, makes no difference, the therapy remains the same – to balance and rectify.

Being in NON-INVASIVE stream, we do not recommend wait and watch policy to finally start on Insulin. As far as possible we advise to avoid Insulin and start corrective measures.

We recommend a BIOFEEDBACK test for every person having a family history for DIABETES. Down the line the disease will show up for almost all. A test as early as, during teens or before crossing the age of 18 years is recommended. Test could reveal the probability of getting diabetes / imbalance in the sugar metabolism, in the present life span. Here we balance the condition with certain Minerals and Hormones, thus making sure to delay the onset of Diabetes and blocking the damages it would be causing.

Basic cause of DIABETES is mainly due to GENETIC factors, thus by working on the root cause and stabilizing the GENES, CHROMOSOMES, AUTO-IMMUNE disorders and all parameters related with DIABETES, we are in a position to manage the situation, without any side effects or danger to client's life. Today the main cause is the lifestyle, and the food intake. These form the basis for irreparable conditions.

Causes for DIABETES are plenty, hereditary, genetic, autoimmune, food intake, lifestyle, stress etc. All issues are taken into account for correction along with other related issues instigating / provoking / supporting Diabetes.

In INDIA, DIABETES was being diagnosed around the age of 40 years. Now with the changes in lifestyle it is being diagnosed as early as 30+ and even in children. With the help of BIOFEEDBACK, we are in a position to detect it, while in teens and offer solution for a complete eradication or minimizing the effects to live a normal life.

We advise to COMPLEMENT our services, with the ongoing therapies / treatment for better and faster results.

We strongly recommend DETOX procedure. This should be started immediately. COLLOIDAL SILVER WATER, ANTIOXIDANT HYDROGEN RICH WATER and use of ZAPPER. Not to forget Liquid Chlorophyll. RADIONICS and RIFE FREQUENCIES for basic corrections; start immediately on the RADIONICS maintenance kit. DIETARY SUPPLEMENTS (HemoHIM) for speedy recovery. NON-INVASIVE therapy is administered, which could take 18 to 72 sittings depending on the individual's resistance from within and the body's ability to HEAL.

#### NON-INVASIVE THERAPIES FOR DIABETES.

#### WE SUPPORT IN DIABETES MANAGEMENT.

#### BLOOD SUGAR, DIABETES AND PANCREAS MANAGEMENT.

Rs.36,600/- Diagnosis Package (Rs.27,450/- after Cash Discount)

(Includes Consultation, Supplement Report, Biofeedback Diagnosis on LIFE & QRMA)

Rs. 1,800/- Consultation

Rs. 1,800/- Supplement Report

Rs.27,000/- Complete 7,000 parameter Test (MUST)
Rs. 6,000/- Test on QRMA (Full Body 100+ page report)

Rs.27,000/- Complete 7,000 parameter Test

Rs.18,000/- Therapy per sitting

Rs.12,000/- L.S.PANEL (HORMONAL BALANCING; AMINO ACID / MINERAL / VITAMIN BALANCING)

Cost of other related Therapies, Detoxification & Supplements / Frequency medication is recommended in the Supplement Chart. Book your SUPPLEMENT CHART for details. (12 weeks of Therapy with 24 weeks of Supplements, helps in balancing most issues.)

[Clients booking DIAGNOSIS PACKAGE would be termed as REGISTERED IN HOUSE CLIENTS. They would be entitled for preference in booking sessions and for CASH Discounts wherever applicable (In House Products & Sessions). For Therapies, book minimum 18 sittings to avail 25% and 36 sittings for 33% (1/3<sup>RD</sup>) CASH DISCOUNT. Maintain a Security Deposit of Rs.10,000/- and in multiples to get CASH Discount. Clients without maintaining Security Deposit Pre-Book your Products / Sessions a week / 7 days in advance with Full CASH payment, book minimum 18 sittings, to avail CASH DISCOUNT.]

DR RAJEEV PRAKASH MEHRA recipient of Certificate of Excellence Award for 2018 - 2019

**"BEST CANCER SPECIALIST IN ASIA"** 

&

"BEST CANCER SPECIALIST DOCTOR OF THE YEAR"

MEHAK WELLNESS CENTRE – Awarded
"TOP DIAGNOSTIC CENTRE IN MUMBAI"

AMONGST THE TOP 10 DIAGNOSIS CENTRES IN MUMBAI. MAY 2019. BY SILICONINDIA.COM

## Guide to Package selection HOW TO CHOOSE YOUR PACKAGE:

1) 18 sittings of BIOFEEDBACK, with minimum 6 sittings of Panels.

Recommended as Maintenance for all. Persons who suspect any disease or with a family history of diseases, discomforts should opt for this Package. Disease/Disorder yet not revealed in medical tests.

2) 36 sittings of BIOFEEDBACK, with minimum 12 sittings of Panels.

Recommended for all who have been diagnosed with any major disease, or having severe discomfort. For all those who have not been able to have a control over their disease / condition within 7 weeks of taking medication / Therapy. Patients Diagnosed with CANCER, or any Chronic Disease should start with this Package immediately. For CANCER patients, if Chemo-Therapy or Radiation has been suggested, they should take this first before starting any INVASIVE procedures.

3) 54 sittings of BIOFEEDBACK, with minimum 18 sittings of Panels.

Recommended in all cases where any Invasive procedure has been started. For all cases where Chemo-Therapy, Radiation or any external support has been undertaken this Package would be required. (Insulin in case of Diabetes.)

4) 72 sittings of BIOFEEDBACK, with minimum 24 sittings of Panels.

Recommended for all RELAPSE cases. If any Disease has reoccurred after a complete treatment, this Package would be required. In case of CANCER, clients who find a further need of Chemo-Therapy or Radiation after their first set, need to start on this Package immediately.

5) 90 sittings of BIOFEEDBACK with minimum 30 sittings of Panels.

METASTASIS. 4<sup>TH</sup> stage CANCER. Relapse, spreading to other organs.

In cases where the CANCER cells are no more bound to a particular area / organ, and have been spreading to other areas. Presence of CANCER in multiple areas / more than 1, would need to get started with this package.

All GENETIC & AUTO IMMUNE disorder cases would need minimum 36 to 72 sittings.

Diagnosis & Therapy on GENETIC & AUTO IMMUNE levels are recommended for Diseases / Disorders which do not stand rectified in a time frame of 7 days to 7 weeks with your ongoing medication / therapy.

