



MEHAK WELLNESS CENTRE

(BIOFEEDBACK & STRESS MANAGEMENT)

ISO 9001:2015

123, ARAM NAGAR PART - 1, FISHERIES UNIVERSITY ROAD, ANDHERI WEST, MUMBAI - 400 061

C.C.: +91 83692 40134 / +91 90042 78288

Call & WhatsApp: +91 97730 02888

E Mail: altmedicines@gmail.com mehakwellnesscentre.business.site Web site: www.mehakthelasthope.com

DR RAJEEV PRAKASH MEHRA N.D.; M.D. (A.M.); GOLD MEDALIST; REIKI GRAND MASTER

Recipient of Awards in 2020

“Globally Renowned Best CANCER Treatment Specialist through Genetic and Auto Immune Correction.”

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AMINO ACID THERAPY

NON-INVASIVE DIAGNOSIS & TREATMENT FOR AMINO ACIDS.

Amino Acid Therapy and Neurotransmitter Function

Most people have heard of several common neurotransmitters, including serotonin and melatonin (sleep), dopamine, norepinephrine and epinephrine (adrenaline) and are familiar with at least some of their functions in regards to mood (depression).

What most people do not know is that neurotransmitter imbalances can dramatically affect many other aspects of your health and can cause or exacerbate any of the following conditions: Anxiety, Cravings, Depression, Hot flashes, Increased appetite, Insomnia, Low-pain tolerance, Migraines, Mood swings and more...

Imbalances Cause Disease Symptoms

Neurotransmitters are a class of chemical messengers in the body that help regulate, either directly or indirectly, most of the other systems and functions in the body. If there are imbalances in these neurotransmitters, many bodily functions will start to function inappropriately, which can lead to a number of unpleasant or debilitating symptoms.

Most people have heard of several common neurotransmitters, including serotonin, dopamine, norepinephrine and epinephrine (also known as adrenaline) and are familiar with at least some of their functions in regards to mood (especially depression) and sleep (serotonin is the immediate precursor to melatonin, which helps you fall asleep and stay asleep). What most people do not know is that neurotransmitter imbalances can dramatically affect many other aspects of your health and can cause or exacerbate any of the following conditions:

ADD / ADHD	Addictions
Anxiety	Binging behavior
Crohn's disease	Cravings
Compulsion Eating disorders	Depression
Fatigue / Chronic fatigue	Fibromyalgia
Hormone imbalances	Hot flashes
Increased appetite	Insomnia
Low pain tolerance	Migraines

Mood swings	PMS
Parkinson's disease	Poor concentration
Poor memory	Poor mental focus
Poor thyroid function	Poor weight loss
Restless legs	Sleep difficulties
Trichotillomania	Weight gain
Obsessive thoughts	

The key point is that when imbalances in neurotransmitters occur, information is not relayed optimally in the brain which causes symptoms. Most people exhibit more than one of these conditions but fail to make the connection between them. This connection is not made because most health care professionals don't know much about brain chemistry or how to use amino acid therapy to correct the underlying neurotransmitter imbalances.

We have a novel approach to help those with these disorders substantially reduce and / or eliminate their symptoms. We identify the imbalanced AMINO ACIDS and balance them.

Amino acids are basic building blocks used in the body to build proteins, such as muscle and other tissue, and they also serve as precursors to neurotransmitters. Amino acid therapy may be used to treat a variety of conditions, including Parkinson's disease, restless leg syndrome, anxiety, depression, attention deficit disorder, addictions, migraines, fibromyalgia, chronic fatigue, and more.

In simple words, so to say, every human being should go in for a regular scan for the AMINO ACIDS, and correct the same at the earliest. Let's say an imbalanced AMINO ACID level could lead to multiple disorders which could get difficult to reverse.

Serotonin, dopamine, and norepinephrine neurotransmitter levels that are not high enough cause the following brain disease



OBESITY
leads to diseases listed in the left two columns



- Decreased Life Expectancy
- Diabetes
- Heart Disease
- Increase in Stroke
- Sleep Apnea
- Knee Problems
- Back Problems
- Increased Rehabilitation Time
- Increased Rate of Injuries
- Increase in Gall Stones
- Female Fertility Problems
- Gynecologic Irregularities
- Gouty Arthritis
- Increased Lung Infections
- High Blood Pressure →
- High Cholesterol →
- Increase in Gastric Ulcers
- Chronic Pain
- Hiatal Hernia
- Fibromyalgia
- Myoclonus

INCREASE CANCER RISK

- Increased Colon Cancer
- Increased Uterian Cancer
- Increased Breast Cancer

Type II Diabetes

- Decreased Life Expectancy
- Increased Infections
- Diabetic Neuropathy
- Kidney Failure
- Macular Degeneration (blind)
- Heart Disease
- Foot Ulcers
- Vascular Disease
- Therapeutic Amputations
- Disability
- Increase in Stroke
- Impotence

High blood pressure and High cholesterol

- Decreased Life Expectancy
- Heart Disease
- Stroke
- Kidney Failure
- Vascular Disease
- Ischemia

Most people have more than one **brain disease** active simultaneously.

The incidence of **brain disease** increases after exposure to drugs that deplete serotonin, dopamine or norepinephrine neurotransmitter levels or exposure to neurotoxins which cause brain damage.

Other Diseases

- Parkinson's Disease
- Obesity
- Bulimia
- Anorexia
- Depression
- Anxiety
- Panic Attacks
- Migraine Headaches
- Tension Headaches
- Premenstrual Syndrome (PMS)
- Menopausal Symptoms
- Obsessive Compulsive Disorder (OCD)
- Trichotillomania
- compulsivity
- Insomnia
- Impulsivity
- Obsessionality
- Inappropriate Aggression
- Inappropriate Anger
- oppositional defiant disorder in children
- Psychotic Illness
- Fibromyalgia
- Chronic fatigue syndrome
- Adrenal fatigue/burnout
- Hyperactivity
- Attention Deficit (ADD ADHD)
- Hormone dysfunction
- Adrenal dysfunction
- Dementia
- Alzheimer's disease
- Traumatic Brain Injury
- Brain fog
- Phobias
- Chronic Pain
- Nocturnal Myoclonus
- Irritable Bowel Syndrome
- Crohn's Disease
- Ulcerative Colitis
- Cognitive Deterioration
- Functional Deterioration
- Increased mortality rate
- Organ System Dysfunction
- Chronic Stress
- Cortisol Dysfunction
- Hormone Dysfunction
- Restless Leg Syndrome

WHAT WE DO & WHAT WE DO NOT DO:

1. WE DO NOT DIAGNOSE:

We assess, measure, determine or evaluate a condition.

2. WE DO NOT PRESCRIBE:

We recommend, suggest, advice or offer options to alleviate the condition.

3. WE DO NOT TREAT:

We work with, release, normalize, relieve, balance or remedy a condition.

4. WE DO NOT CURE:

We alleviate, balance, improve, correct or normalize a condition.

5. WE DO NOT Use the word "DISEASE":

We use condition, problem or imbalance.

6. WE DO NOT MAKE CLAIMS OR PROMISES:

We explain that health is an individual matter with many approaches to healing and no guarantees. It is our job to educate our clients so that they are more in control of their own health.

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Our work involves to DE-STRESS all concerned areas, causing an imbalance, leading to Diseases / Disorders. We work to MANAGE STRESS, to help the system function normally. Our work pattern is to DETOXYFY the system. Support it with ESSENTIAL SUPPLEMENTS & FREQUENCY ENERGIES. And finally, provide CORRECTIVE FREQUENCIES, to restore balance in the system. We strongly believe in "BODY HEALS ITSELF".

We very well know, at initial stages there are no symptoms. It can be diagnosed only when revealed on the physical. But by then it is too late.

Normally we wait for the damage to get concrete, experience the discomfort and pain, before we address it. In modern science, help is rendered only when the problem is diagnosed. Diagnosis is possible only after signs of physical damage. By this time the damage is already done and reversal is not possible. With the help of allopathy, we only reduce the impact, or work on reducing the pains and discomfort, but never rectify the situation. There is no work done to reverse the damage or to correct the situation and causes, for it not to repeat again. Whereas in BIOFEEDBACK, we are in a position to assess the situation and correct it, much before the damage starts. As the Diagnosis and Therapy involves work on the cellular level, and corrections on GENETIC & AUTO IMMUNE system, we are in a position to identify the oncoming disease / disorder and offer remedy for the same.

We, at MEHAK WELLNESS CENTRE, under the expertise of DR RAJEEV PRAKASH MEHRA, a GOLD MEDALIST & REIKI GRAND MASTER offer NON-INVASIVE Diagnosis on State of the Art, latest 21st Century technology to verify the state of AMINO ACIDS and offer a solution to balance them. We are in a position to diagnose and help in balancing the same.

We, run a test to evaluate the AUTO IMMUNE, CHROMOSOMES and GENETIC values along with a complete AMINO ACID analysis. Test reveals areas of disturbance and cause for disease / disorder. Thus, are in a position to guide the client of a future onset or presence of any imbalanced condition.

This can be diagnosed much before any other modern science equipment / test could diagnose.

Diagnosis on the Neuro and Neurotransmitters, and correcting them is our specialization.

In most cases it goes undiagnosed, thus time is wasted and no proper solution is offered.

DR RAJEEV PRAKASH MEHRA, with vast experience of over 33 years, working with chronic cases and winning accolades (80+ Certificates & Awards); is confident that with the balancing of the AMINO ACIDS most of the discomforts / diseases / disorders can be curbed.

We offer in house NON-INVASIVE Diagnosis followed with Therapy for correction along with anti-dotes & Supplements required to stabilize the condition.

We conduct a complete 7,000 parameter test which includes 26 Amino Acids inclusive of 10 Essential Amino Acids. A specific Amino Acid test too can be taken with either BIOFEEDBACK DEVICES. A complete test helps us to understand the shortcomings in various diseases, disorders due to an imbalance in the Amino Acids. An assessment of various disorders could lead us to understand the role of an imbalanced Amino Acid. By balancing these Amino Acids, we are able to re-structure most of the discomforts / diseases.

Once the report is ready we are in a position to identify the problem with its cause and damage to other areas as well. This gives a clear indication to assess the damage done or possible damage in the near future.

Our work is NON-INVASIVE. We work with BIOFEEDBACK & RADIONICS. FREQUENCIES from different therapies are used for balancing and repairing various damages. Whatever be the cause of an imbalanced Amino Acid, our therapies shall take care of it all.

Being in Non-Invasive stream, we do not recommend use of any medication or support system, as this would not be a solution to eradicate your prime issue. Every Amino Acid can be worked upon and balanced. As far as possible we advise to avoid any invasive remedy.

Main cause for imbalanced Amino Acid is Liver and Kidney functioning, and lack of Dietary Supplements. This is due to high Toxicity with Micro-organisms. System failed to protect as the immune system was weakened, due to damage on the essential micro-nutrients present in the system. These issues are taken into account for correction along with other related issues instigating / provoking / supporting formation of Amino Acids.

Analyzing and identifying the root cause of damage, discomfort and disturbance and working to resolve the same is our prime focus. To get long term benefits, balancing on Auto-Immune system, Chromosomes, Genes and Metabolism is also carried out.

We advise to **COMPLEMENT** our services, with the ongoing therapies / treatment for better and faster results.

We strongly recommend **DETOX procedure**. This should be started immediately. COLLOIDAL SILVER WATER, ANTIOXIDANT HYDROGEN RICH WATER and use of ZAPPER. **Not to forget** Liquid Chlorophyll. RADIONICS and RIFE FREQUENCIES for basic corrections; start on the RADIONICS maintenance kit. DIETARY SUPPLEMENTS (HemoHIM) for speedy recovery. NON-INVASIVE therapy is administered, which could take 18 to 72 sittings depending on the individual's resistance from within and the body's ability to HEAL.

BALANCED AMINO ACIDS WILL AID IN A BALANCED METABOLISM

NON-INVASIVE MANAGEMENT FOR AMINO ACIDS

NON-INVASIVE TREATMENT FOR AMINO ACIDS

SOLUTION FOR BALANCING AMINO ACIDS

Rs.36,600/- Diagnosis Package (Rs.27,450/- after Cash Discount)
(Includes Consultation, Supplement Report, Biofeedback Diagnosis on LIFE & QRMA)
Rs. 1,800/- Consultation
Rs. 1,800/- Supplement Report
Rs.27,000/- Complete 7,000 parameter Test (MUST)
Rs. 6,000/- Test on QRMA (Full Body 100+ page report)

RS.27,000/- Test L.S. DIAGNOSIS (MUST)

RS. 6,000/- Panel Test for AMINO ACIDS

RS. 6,000/- QRMA Test (Optional)

RS.18,000/- Therapy (MUST)

RS.12,000/- Panel Therapy for AMINO ACIDS (MUST)

Rs.12,000/- Panel Therapy (L.S. Panel for DETOX)

(Charges are per sitting)

Cost of other related Therapies, Detoxification & Supplements / Frequency medication is recommended in the Supplement Chart. Book your SUPPLEMENT CHART for details. (12 weeks of Therapy with 24 weeks of Supplements, helps in balancing most issues).

[Clients booking DIAGNOSIS PACKAGE would be termed as REGISTERED IN HOUSE CLIENTS. They would be entitled for preference in booking sessions and for CASH Discounts wherever applicable (In House Products & Sessions). For Therapies, book minimum 18 sittings, to avail 25% CASH DISCOUNT & 1/3RD on 36 sittings booked. Maintain a Security Deposit of Rs.10,000/- and in multiples to get CASH Discount. Clients without maintaining Security Deposit Pre-Book your Products / Sessions a week / 7 days in advance with Full CASH payment, book minimum 18 sittings, to avail CASH DISCOUNT.]

DR RAJEEV PRAKASH MEHRA recipient of Certificate of Excellence Award for 2018 - 2019

"BEST CANCER SPECIALIST IN ASIA"

&

"BEST CANCER SPECIALIST DOCTOR OF THE YEAR"

MEHAK WELLNESS CENTRE – Awarded

"TOP DIAGNOSTIC CENTRE IN MUMBAI"

AMONGST THE TOP 10 DIAGNOSIS CENTRES IN MUMBAI. MAY 2019. BY SILICONINDIA.COM

Guide to Package selection
HOW TO CHOOSE YOUR PACKAGE:

- 1) 18 sittings of BIOFEEDBACK, with minimum 6 sittings of Panels.
Recommended as Maintenance for all. Persons who suspect any disease or with a family history of diseases, discomforts should opt for this Package. Disease/Disorder yet not revealed in medical tests.
- 2) 36 sittings of BIOFEEDBACK, with minimum 12 sittings of Panels.
Recommended for all who have been diagnosed with any major disease, or having severe discomfort. For all those who have not been able to have a control over their disease / condition within 7 weeks of taking medication / Therapy. Patients Diagnosed with CANCER, or any Chronic Disease should start with this Package immediately. For CANCER patients, if Chemo-Therapy or Radiation has been suggested, they should take this first before starting any INVASIVE procedures.
- 3) 54 sittings of BIOFEEDBACK, with minimum 18 sittings of Panels.
Recommended in all cases where any Invasive procedure has been started. For all cases where Chemo-Therapy, Radiation or any external support has been undertaken this Package would be required. (Insulin in case of Diabetes.)
- 4) 72 sittings of BIOFEEDBACK, with minimum 24 sittings of Panels.
Recommended for all RELAPSE cases. If any Disease has reoccurred after a complete treatment, this Package would be required. In case of CANCER, clients who find a further need of Chemo-Therapy or Radiation after their first set, need to start on this Package immediately.
- 5) 90 sittings of BIOFEEDBACK with minimum 30 sittings of Panels.
METASTASIS. 4TH stage CANCER. Relapse, spreading to other organs. In cases where the CANCER cells are no more bound to a particular area / organ, and have been spreading to other areas. Presence of CANCER in multiple areas / more than 1, would need to get started with this package.

All GENETIC & AUTO IMMUNE disorder cases would need minimum 36 to 72 sittings.

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Diagnosis & Therapy on GENETIC & AUTO IMMUNE levels are recommended for Diseases / Disorders which do not stand rectified in a time frame of 7 days to 7 weeks with your ongoing medication / therapy.

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AMINO ACID THERAPY

WELLNESS CENTRE
NON-INVASIVE THERAPY & SUPPLEMENTS
AMINO ACID CORRECTION & BALANCE
SPECIALIST.

website: <https://www.mehakthelasthope.com>
✉ : altmedicines@gmail.com
☎ : +91 97730 02888
🐦 /mehakwellness 📘 /MehakWellnessCentre/